Curriculum vitae

**DR. BABAR BASHIR**

MBBS, FCPS (Cardiology)

# PERSONAL DETAILS

**NAME**: DR. BABARBASHIR

**DATEOF BIRTH:** 23-03-1982

**MARITALSTATUS:** MARRIED

**PROFESSION:** DOCTOR

**SPECIALITY:** CARDIOLOGY

**NATIONALITY:** PAKISTANI

**RELIGION:** MUSLIM

**PRESENTADDRESS:** 177-C GULSHAN E NASIR, RAHIMYAR KHAN,PAKISTAN

**PERMANENTADDRESS:** 177-C GULSHAN E NASIR, RAHIMYAR

KHAN, PAKISTAN

**MOBILENUMBER:** +923216740074

**E-MAILADDRESS:** abdullahbabar2@hotmail.com

# EDUCATION

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| --- | --- | --- | --- |
| **QUALIFICATION** | **YEAR** | **BOARD/ UNIVERSITY** | **GRADE** |
| **FCPS****(Cardiology)** | 2020 | College of Physicians & Surgeons, Pakistan | Pass |
| **MBBS** | 2005 | University of Karachi, Karachi | 1st Division |
| **F.Sc** | 1999 | Bahawalpur Board of intermediate Education | A |
| **Matriculation** | 1997 | Bahawalpur Board of intermediate Education | A+ |

**CLINICAL EXPERIENCE**

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| **POST** | **SPECILALITY** | **PERIOD** | **PERIOD** | **WORK PLACE** |
| Senior Registrar | Cardiology | 04Y04M | 15-02-2021to date | Sheikh Zayed Medical College/ Hospital,Rahim Yar Khan |
| Senior MedicalOfficer | Cardiology | 04Y04M | 01-07-2016 to 14-02-2021 | Sheikh Zayed Medical College/ Hospital,Rahim Yar Khan |
| PGR/Medical Officer | Cardiology | 03 Y | 01-07-2013 to30-06-2016 | Sheikh Zayed Medical College/ Hospital,Rahim Yar Khan |
| PGR/Medical Officer | General Medicine | 02 Y | 01-07-2011 to30-06-2013 | Sheikh ZayedMedical College/ Hospital,Rahim Yar Khan |
| Medical Officer | Cardiology | 01M06D | 26-05-2011 to30-06-2011 | Sheikh Zayed Hospital, Rahim Yar Khan |
| Medical Officer | Cardiology | 01M25D | 01-04-2011 to25-05-2011 | Punjab Institute of Cardiology, Lahore. |
| Medical Officer | Cardiology | 1Y9M | 30-09-2009 to30-06-2011 | Sheikh Zayed Hospital, Rahim Yar Khan |
| EmergencyMedical Officer | Accident&Emergency | 1 M17 D | 13-08-2009 to29-09-2009 | Sheikh Zayed Hospital, Rahim Yar Khan |
| Medical Officer | HemodialysisUnit | 5 M14 D | 26-02-2009 to12-08-2009 | Sheikh ZayedHospital, Rahim Yar Khan |
| Medical Officer | Accident&Emergency | 1 Y11M13D | 13-03-2007 to25-02-2009 | Sheikh Zayed Hospital, Rahim Yar Khan |
| Medical Officer | Cardiology | 2 M13 D | 27-12-2006 to12-03-2007 | Sheikh ZayedHospital, Rahim Yar Khan |
| House Job | General Surgery | 06 M | 16-05-2006 to15-11-2006 | Sheikh ZayedHospital, Rahim Yar Khan |
| House Job | GeneralMedicine | 06 M | 11-11-2005 to15-05-2006 | Sheikh ZayedHospital, Rahim Yar Khan |

**CLINICAL SKILLS**

## SENIOR REGISTRAR OF CARDIOLOGY

## Performing duty in cardiac catheterization lab:

## Angiographies

## Angioplasties

## Temporary

## Permanent pacemakers

## Inta-Aortic balloon counter pulsation (IABP)

## Arterial catheterization

## Central venous catheterization

## Echocardiography

## Exercise tolerance test

## CT coronary angiography

## Daily ward rounds

## Emergency duties

## Out Patient Department duties.

## Teaching following classes:

## MBBS

## MLT

## Post graduate trainees of FCPS, MD cardiology

# SENIOR MEDICAL OFFICER

# DUTY AT CORONARY CARE UNIT

Duties include:

* Expertise in Interpretation and treatment of different ECGs.
* Skilled in managing cardiac emergencies like thrombolysis, cardioversions, pacemaker implantation, central venous catheterization, arterial line, endotracheal intubation and chest tube intubation.
* Management of cardio-pulmonary arrest by application of BLS, ACLS according to latest guidelines.
* Authentic grip on all principals and protocols of latest BLS and ACLS.
* Teaching juniors all protocols of CCU bundles.
* Implication of different ventilator modes in differentconditions.
* Performing Outpatient department duties.
* Performing echocardiography.
* Performing coronary angiography with angioplasty.

# EMERGENCY DUTIES (MEDICAL OFFICER)

Duties included:

* Quick assessment of emergency patients including a provisional diagnosis and immediate treatment.
* Responsible for assessment and management of emergency admissions and for clerking patients to the appropriate consultants.
* Dealing with all type of medical emergencies, surgical and neurosurgical emergencies.
* Expertise in emergency resuscitative measures like Endotracheal Intubations, Central Venous Lines, Temporary Pace Makers, Chest-tube Intubations, Venous Cut downs, CPRs and handling the Ventilators as well as ICU management.

## HOUSE JOB IN MEDICINE & GENERAL SURGERY

* Dealing with elective and emergency patients.
* Attending ward rounds conducted by the consultants
* Minor surgical procedures
* Assisting in minor and major surgical procedures.
* Pre-operative assessment and Post-operative management.
* Following instructions from consultants regarding re-investigation/treatment of patients as soon as practicable.
* Taking brief history of patient, making notes and presenting to the consultant in ward round.
* Performing bedside procedures i.e. IV line; catheterization, NG tubes, input and output chart maintenance, preoperative preparation and assessment of patient, postoperative follow up with general and wound care.
* Reviewing and interpreting investigation results.
* Maintaining clinical records and update as often as indicated by the patient's condition as a daily routine.
* Making discharge and summarizing prior to discharge.
* Counseling of patients and attendants at the time of discharge regarding further follow-up, medication and care.
* Writing referrals to contain adequate clinical information, degree of urgency and a legible signature.

## RESEARCH WORK

* ***Original article“A study to compare effects of shoulder position on infraclavicular central venous catheterization in critically ill patients”.***
* ***Original article “ Efficacy of Tocilizumab in critically ill Covid-19 patients: A retrospective cohort (Jounal of Anaesthesia, Pain and critical care)***
* ***Original article “Depression, Anxiety and Stress amoung healthcare workers in Covid-19 Intensive Care Units”.(under review of Jounal of Anaesthesia, Pain and critical care)***
* ***Original article “Comparison of non-invasive and invasive ventilation in acute hypoxic respiratory failure in Covid-19 patients: retrospective cohort” (under review of Pakistan journal of medical research)***
* ***Postgraduate dissertation “Incidence of type II morphology in proximal left anterior descending artery in patients with survival of sudden cardiac arrest”***.

# AWARDS

* + Gold medal in Pharmacology.

# CERTIFICATE COURSES

* + ACLS (advance Cardiovascular Life Support by American Heart Assiciation ~ August 2nd 2022
	+ BLS (Basic Life Support)
	+ ACLS by Sindh Medical College Alumni Association of North America and Life Savers Foundation, Pakistan on April 14th 2013.
	+ ICMT (International Certificate in Medical Teaching)

 **MEDICAL CONFERENCES AND WORKSHOPS**

* + Certificate of participation “ Next in GLP-1 Diabetes” held on April 3, 2021 to April 4, 2021 at Agha Khan University, Karachi.
	+ Certificate of participation on “Management of angina/IHD in patients with Diabetes; The importance of Ranolazine” by European Society of Cardiology (ESC) in 2020.
	+ Certification of completion “Hypertension Management in high risk cardiovascular patients” by Royal College of Physicians (course code 108760).
	+ Workshop on “Safe fasting with Diabetes during Ramadan” held on May 16, 2017 Baqai Medical University, Karachi
	+ Certificate of participation “4th CME 2016 Endocrine updates” ShaheedZulfiqar Ali Bhutto Medical University Islamabad.
	+ Certificate of participation “Hepatitis C Diagnostic Criteria and Current Treatment Guidelines” at Tashkent, Uzbekistan on 29th September 2016.
	+ Certificate of participation “Aspiring Confidence IN management of Diabetes” held on November 2, 2015 at Karachi.
	+ Certificate of attendance on“ Hepatitis C” by Shaukat Khanum Memorial Cancer Hospital and Research Centre on Mach 16, 2015.
	+ Certificate of training “ Management of Childhood TB (DOTS) organized by National and Provincial TB Control Programs from October 24, 2016 to October 26, 2016.
	+ Certificate of Attendance of worksop on“ Interpretation of Chest X-Ray” held on June 5, 2012 at Sheikh Zayed Medical College Hospital.
	+ Certificate of participation on “Mood Disorder Education Program” held on April 12, 2012 at Rahim Yar Khan.
	+ Certificate of participation in workshop “ACLS and BLS Workshop” held on December 15, 2011 at Sheikh Zayed Medical College Hospital.
	+ Certificate of participation in workshop “ECG Learning and Interpretation” held on December 1, 2011 at Sheikh Zayed Medical College Hospital.
	+ Certificate of attendance in “National Symposium on Gastroenterology” held on April 22, 2006 at Sheikh Zayed Medical College Hospital.
	+ Certificate of participation “Family Medicine” held on April 27, 2004 to April 30, 2004 at Agha Khan University, Karachi.
	+ Certificate of participation “Eboling Strategies in Management of Chronic Obstructive Pulmonary Disease” held on December 23, 2004 at Liaquat National Hospital, Karachi.
	+ Certificate of participation “Epilepsy Treatment Options in Our Reach” held on September 21, 2004 at Liaquat National Hospital, Karachi.

 **SKILLS**

* Languages: English (fluent), Punjabi (fluent), Urdu (fluent), Saraiki (fluent), Sindhi (basic), Arabic (basic) reading &speaking.
* Effective teamwork, motivation, communication, interpersonal, negotiation, analytical and time managementskills.
* Basic and advanced computer and internet knowledge and skill.
* Expertise in using different search engines and downloaders oninternet.

# INTERESTS

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| * Book reading(historical)
 | * Poetry
 | * Hunting
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| * Collecting coins & banknotes.
 | * Listening to classical music
 | * Watching movies
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**AIMS**

I have completed my fellowship in Cardiology and serving people with devotion and dedication.

 I want post fellowship training in interventional cardiology.