DR MujeebUllah Tareen, MD, FCPS, facC

Professor and Head of Cardiology Department; Bolan Medical College, and Consultant Interventional Cardiology, Sandeman Provincial Teaching Hospital, Quetta, Pakistan.

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**PERSONAL DETAILS**

**Full Name:**  MujeebUllah Tareen **Father’s Name:**  Abdul Haq Tareen

**Date of Birth:** 15 December 1972 **Nationality:** Pakistan

**Cell #** +923003557670 **Email:** [drmujeebullah@gmail.com](mailto:drmujeebUllah@gmail.com)

**Languages:** Can speak, read & write Urdu, English & Pashto. Can read & write Arabic.

**PRESENT STATUS**

* **Present & Past Academic Status:**
* Presently working as Professor and Head of Cardiology Department, Bolan Medical College (BMC), Quetta, since 28 September 2016. Supervising & supervised more than 10 FCPS II Cardiology residents/trainees and more than 50 FCPS II Medicine residents.
* Worked as Associate Professor BMC from 01 December 2013 until 27 October 2016, Head/Incharge Cardiology Dept; & Incharge Cardiac Cath Lab, Bolan Medical Complex Hospital, Quetta, from September 2011 until June 2016.
* Worked as Assistant Professor from 05 April 2007 until 30 November 2013, at Department of Cardiology, Bolan Medical College at Sandeman Provincial Teaching Hospital & BMC Hospital, Quetta.
* **Present Consultant Status**:

Working as Head of Cardiology department, Consultant Interventional Cardiology & Head of Cardiac Catheterization Lab; in BMC attached Sandeman Provincial Teaching Hospital, Quetta, since 25 June, 2016.

**Clinical Skills / COMPETENCIES:**

* Doing coronary angiography procedures mainly by tansradial and some by transfemoral approaches, where required.
* Doing peripheral angiography procedures for peripheral artery disease including aortography, renal angiography, carotid angiography, and angiography of upper and lower limb arteries.
* Doing Primary PCI and Early invasive coronary angioplasty / PCI procedures.
* Doing Elective PCI and complex PCI procedures including bifurcation and left main coronary artery diseases.
* Doing PTMC procedure for mitral valve stenosis with Innoue balloon technique.
* Doing Transthoracic Echo (TTE), Transesophageal Echo (TEE) and Paeds Echo procedures.
* Also worked as Head of Deptt; of Cardiology, Consultant interventional Cardiologist & Head of Cardiac Cath Lab: Bolan Medical Complex Hospital (BMCH) Quetta, from September 2011 until June 2016.
* During this tenure established Cardiac Cath Lab in BMC Hospital Quetta and started coronary and peripheral angiography procedures, Primary PCI and early invasive PCI procedures, and elective PCI procedures.
* During this time did Transthoracic Echo, Transesophageal Echo and Paeds Echo procedures in Echo lab BMC hospital.
* Did both elective and emergency percutaneous pericardiocenthesis procedures under Echo guidance and fluoroscopy guidance.
* Did emergency temporary cardiac pacemaker implantation emergently on bedside and under fluoroscopy guidance.
* Supervising ETT procedures and Holter monitoring.

**SOFT SkiLLS:**

Medical Professionalism, Critical thinking, Leadership, Communication

& collaboration, Teamwork & team building, Mentoring, Preceptorship,

Motivation, Polite, Community work, Compromising, Adaptable.

**REGISTRATION/LICENCIATE**

* **Pakistan Medical and Dental Council (PMDC/PMC), Islamabad, Pakistan**.

Satisfied Board of Examiners & passed both theory and OSCE / Viva voce examinations on first attempt taken by National Examination Board (NEB) for foreign medical graduates of Pakistan Medical and Dental Council, Islamabad, in February 1999, for registering M.D degree (Basic Medical Qualification).

(**Registration No:** **2695-B)**

* Registered / Accredited as INTERVENTIONAL CARDIOLOGIST by Pakistan Society of Interventional Cardiology based on two years advance fellowship training in interventional cardiology at NICVD, Karachi.

**(Registration # PSIC/21-465/KPK)**

* Registered as Faculty of Professor of Cardiology in PMDC/PMC.

**(Faculty No: 9245/2695-B/M)**

**FELLOWSHIP**

* **Fellow of College of Physicians & Surgeons Pakistan (FCPS) in the specialty of Cardiology.**
* Satisfied the Board of Examiners of FCPS Part II postgraduate fellowship examination of College of Physicians & Surgeons Pakistan (CPSP), in November 2005, in the specialty of Cardiology, on first attempt, after 5 years of rigorous training in General Medicine (2 years) & Cardiology (3 years).
* Passed FCPS Part I postgraduate fellowship entry examination of College of Physicians & Surgeons Pakistan, in November 1999, in the subject of General Medicine, on first attempt. (**Fellowship No:** **CRD-05-7143)**
* Registered as Supervisor and Examiner in Faculty of Cardiology, CPSP Karachi. **(R&RC Registration No: CRD-S-001-108)**

**CPSP & PGMI SUPERVISOR & EXAMINER IN CARDIOLOGY**

* CPSP registered FCPS II Cardiology fellowship training Supervisor since July 2013, having supervised/supervising 10 FCPS II cardiology postgraduate residents and more the 50 FCPS medicine postgraduate residents.
* FCPS II Cardiology Examiner since 2015.
* Postgraduate Diploma in Cardiology (DipCard) training Supervisor & Examiner by Postgraduate Medical Institute (PGMI), Quetta.

**BASIC MEDICAL EDUCATION/QUALIFICATION.**

* **Doctor of Medicine (MD)**

Year of graduation: November 1997 Language of Instruction: English

GPA: Passed with an overall GPA of 3.0 out of 4.0

Institution: Faculty of Medicine, Technological University of Santiago and Federico Henriquez & Carvajal University, Santo Domingo, Dominican Republic.

**POST FELLOWSHIP TRAINING**

***1.Interventional Cardiology Fellow:***

**National Institute of Cardiovascular Disease (NICVD), Karachi, Pakistan. (Nov 2019 – Nov 2020 & Jan 2019 - Feb 2019)**

* Attended one year advance interventional cardiology fellowship training on primary PCI, early invasive and high risk PCI, PCI during cardiogenic shock with MCS, complex & high risk PCI, PTMC, PS and structural heart interventions, peripheral artery angiography and peripheral transluminal angioplasty (PTA), from 04 Nov 2019 until 03 November 2020 at Department of Interventional Cardiology, NICVD, Karachi. Also worked as interventional cardiology fellow from 22 Jan 2019 until 21 Feb 2019.

***2. Invasive/******Interventional Cardiology Fellow:***

**National Institute of Cardiovascular Disease (NICVD), Karachi, Pakistan.**

**(Dec 2005 – Dec 2006)**

 Worked as invasive & interventional cardiology fellow at NICVD from 19 December 2005 until 18 December 2006, performing all diagnostic cardiac catheterization procedures (LHC, RHC, Peripheral) as principal/primary operator (majority by femoral approach, some by radial approach) and also assisting and performing interventional procedures under supervision, such as PCI/PTCA, PTMC/PBMV, pulmonary valvuloplasty and aortic valvuloplasty.

***3. Clinical Cardiology Fellow:***

**National Institute of Cardiovascular Disease (NICVD), Karachi, Pakistan.**

**(January 2005 until December 2005 )**

 Worked as clinical fellow for 11 months in the Adult Cardiology ward/unit III. Other responsibilities included teaching of postgraduate residents, house officers and undergraduate medical students.

**POSTGRADUATE RESIDENCY TRAINING**

***1. FCPS II Cardiology Resident:***

**National Institute of Cardiovascular Disease (NICVD), Karachi, Pakistan.**

**(January 2002 – January 2005)**

 Worked in the Adult Cardiology ward for 10 months.

 Worked in the hospital Emergency Room responsible for the 24 bed E.R.

 Worked in the Cardiac Catheterization Laboratory for 6 months.

 Worked in Pediatric Cardiology ward for 6 months, also performed pediatric echocardiography.

 Worked for 4 months in Cardiac Surgery Deptt; including surgical ICU.

 Worked for 4 months in CCU, managing severely ill cardiac patients.

 Worked in ETT and Nuclear imaging laboratory for 2 months.

 Worked in Echocardiography laboratory for 4 months, performing, interpreting & reporting Transthoracic and Transesophageal Echocardiograms.

 Attended seminars, conferences, lectures, journal club, morbidity/mortality meetings, presented clinical cases, and conducted interactive workshops.

***2. FCPS II Medicine Resident:***

**Sandeman Provincial Teaching Hospital & Bolan Medical Complex Hospital, Quetta, Pakistan. (January 2000 – January 2002)**

 Worked as FCPS II Postgraduate Resident for 2 years in General Medicine. Also worked in the hospital Emergency Room (evening & night calls). Attended seminars, conferences, lectures, journal club, morbidity/mortality meetings, and presented clinical cases.

***3. House Officer:***

**Sandeman Provincial Teaching Hospital, Quetta, Pakistan. (November 1998 – November 1999)**

 Worked as a house officer in the Department of General Medicine for a period of 6 months.

 Worked as a house officer in the Department of General Surgery for a period of 6 months.

**RESEARCH**

* Haq MR, Tareen M, Kumar M et al. The impact of early primary percutaneous coronary intervention on left ventricular systolic function in ST elevation myocardial infarction patients. PJCVI. 2022; 2(1): 6-10.
* Tareen M, Rehman F, Khan AG et al. Risk factors of ischemic heart disease in patients presenting with acute coronary syndrome to tertiary care hospital of Balochistan. PJC 2013; 24: 33 – 38.
* Rehman F, Tareen M, Khan AG et al. Prevalence of ischemic heart disease risk factors in ischemic stroke. PJC. 2013; 24 :33 – 36.
* Rehman F, Tareen M, Saghir T et al. itroglycerin plus verapamil versus nitroglycerine alone for spasm prophylaxis with transradial approach. PJC 2013; 24: 42 – 47.
* Tareen R, Tareen M, Rehman M et al. Maternal outcomes of Pregnancy induced hypertension. Pak J Med Health Sci. 2012; 6: 598 – 600.
* Tareen R, Rehman M, Tareen M et al. Clinical spectrum of Rheumatic fever in Balochistan. Pak J Med Health Sci. 2012; 6: 605 – 609.
* Conducted a research study and written a dissertation on “C-reactive protein levels in patients with unstable coronary artery disease at NICVD, Karachi” for the postgraduate FCPS cardiology fellowship diploma.

**ACADEMIC ACTIVITIES/MEETINGS/WORKSHOPS**

* Participated as National Faculty & chaired sessions (Fellows cases corner) during “Pakistan Live 2022 Interventional Cardiology meeting” from August 11 until August 14 in Islamabad, arranged by Pakistan Society of Interventional Cardiology (PSIC), in collaboration of SCAI, ACC & C3, USA.
* Participated as National Faculty & chaired sessions during “Pakistan Live 2021 Interventional Cardiology Meeting” from August 13 until August 15 in Karachi, arranged by Pakistan Society of Interventional Cardiology in collaboration of SCAI, ACC & C3, USA.
* Attended “Pakistan Live 2019 Interventional Cardiology workshop” from April 4 until until April 6 in Lahore, arranged by Pakistan Society of Interventional Cardiology.
* Attended a simulator based training workshop on "TAVI, PTMC and Complex PCI" from 28 July until 31 July 2019 arranged by Deptt of Interventional Cardiology NICVD, Karachi.
* Attended a workshop on "Workplace Based Assessment" on 19 January 2019 arranged by Deptt of Medical Education (DME) CPSP Karachi.
* Attended “Pakistan Live 2018 Interventional Cardiology workshop” from March 29 until March 31 in Islamabad, arranged Pakistan Society of Interventional Cardiology.
* Attended a workshop on "Effective Utilization & Possible Hazards of Ionizing radiation" on 31 July 2017 arranged by DME CPSP Karachi at CPSP regional centre Quetta.
* Attended “**Advance Cardiac Life Support Course No. 96 QUT 01-P**” held on 18 – 19 September 2014 at CPSP regional centre Quetta, Pakistan, organized by Department of Medical Education CPSP Karachi and International Training Center of American Heart Association for Emergency Cardiac Care Courses.
* Attended “**Basic Life Support Course No. 445 QUT 01-P**” held on 17 September 2014 at CPSP regional centre Quetta, Pakistan, organized by Department of Medical Education CPSP Karachi and International Training Center of American Heart Association for Emergency Cardiac Care Courses.
* Attended & conducted as faculty two full days workshop on “**Advance Emergency Medicine Course**” on March 19 – 20 in Bolan Medical College Quetta, for GP’s & postgraduate residents, organized by Zara Medical Services Pty. Ltd QLD Australia and Department of Cardiology Bolan Medical Complex Hospital, Quetta, Pakistan.

 Attended a workshop on **“Research Methodology, Biostatistics & Medical Writing”** for supervisors in February 2011, by College of Physicians & Surgeons Pakistan (CPSP) Karachi.

* Attended a workshop on **“Educational Planning & Evaluation”** for supervisorsin February 2008 conducted by Department of Medical Education, College of Physicians & Surgeons Pakistan (CPSP) Regional Center, Islamabad.

 Attended a workshop on **“Assessment of Competence”**for supervisorsin February 2008, conducted by Department of Medical Education, College of Physicians & Surgeons Pakistan (CPSP) Regional Center, Islamabad.

 Attended a workshop on **“Supervisory Skills”**in June 2009, conducted by Deptt of Medical Education, College of Physicians & Surgeons Pakistan (CPSP), Khi.

 Attended a workshop on **“Research Methodology, Biostatistics & Dissertation writing”**for Postgraduate residentsin November 2001, conducted by Department of Medical Education, College of Physicians & Surgeons Pakistan (CPSP), Khi.

 Participated & successfully completed a workshop on **“Emergency Cardiac Life Support”** comprising theoretical knowledge & hands on training as prescribed by American Heart Association, conducted by CPSP Karachi & Life Savers Foundation Pakistan, in September 2002.

 Attended a workshop on **“Computers & Internet”** for PG residentsin March 2002, conducted by Dept of Medical Education, CPSP, Karachi.

 Attended a workshop on **“Communication Skills”** for PG residents in December 2003, conducted by Department of Medical Education, CPSP, Karachi.

 Conducted a 5 hours interactive workshop on **"Management of patients with cardiovascular diseases during pregnancy"** during 17th biennial congress of cardiology on December 15, 2005 at NICVD, Karachi.

 Conducted a 3 hours interactive workshop on "Management of patients with cardiovascular diseases during pregnancy" on December 23, 2004, during annual symposium at Jinnah Postgraduate Medical Centre & NICVD, Karachi.

**INTERNATIONAL ACADEMIC CONFERENCES**

* Attended virtual AICT- Asia PCR e-Course dated 08 – 09 Oct 2021.
* Attended virtual PCR e-Course dated 25 – 27 June 2020, accredited by European Board of Cardiology (EBAC), held in Paris France.
* Attended Transcatheter Intervention Online course dated 10-12 June 2020, accredited by European Board of Cardiology (EBAC), held in Netherlands.
* Attended virtual conference SCAI 2020 Scientific Sessions USA, dated May 14-16, 2020.
* Attended European Society of Cardiology Congress 2018 in Munich, Germany from 25 August to 29 August 2018.
* Attended 65th Annual Scientific Meeting/Session in Chicago USA on April 2 – 4, 2016, organized by American College of Cardiology.
* Attended 64th Annual Scientific Meeting/Session in San Diego USA on March 14 – 16, 2015, organized by American College of Cardiology.
* Attended European Society of Cardiology Congress 2015 in London, UK from 29 August to 02 September 2015.
* Attended Asia PCR/Sing LIVE, in Singapore from 22nd-24th January, 2015.
* Attended European Society of Cardiology Congress 2013 in Amsterdam – Netherlands from 31 August to 4 September 2013.

**PROFESSIONAL MEMBERSHIPS / CERTIFICATIONS**

* Certified in Health Professions Education by National University of Medical Sciences (NUMS) Islamabad.
* Certified two years post-fellowship training in Interventional cardiology from National Institute of Cardiovascular Diseases, Karachi.
* Certified / accredited as Interventional cardiologist by Pakistan Society of Interventional Cardiology (PSIC)
* Fellow American College of Cardiology (FACC)
* Member European Society of Cardiology (ESC)
* Member European Association of Percutaneous Cardiovascular Intervention (EAPCI)
* Member European Association of Cardiovascular Imaging (EACVI)
* Member Society of Cardiovascular Angiography and Interventions, USA. (SCAI)
* Member Pakistan Cardiac Society (PCS)
* Member Pakistan Society of Interventional Cardiology (PSIC)
* Member Pakistan Hypertension League (PHL)
* Member Life Savers Foundation, Pakistan

**COMPUTER SKILLS**

 Microsoft word, Power point, Windows 7/10/XP, Internet, SPSS.

**REFERENCES**

* Dr Zahir Khan (MBBS, FCPS. Professor of Medicine and Principal Bolan Medical College Quetta. (Cell # +923003886446).
* Dr Tahir Saghir (MBBS, FCPS). Professor of Cardiology and Director Interventional Cardiology Department / Cardiac Cath Lab; NICVD, Karachi. (Cell No: 03002199844, Email: tahirsaghir@gmail.com)
* Dr. AsadUllah Kundi (MBBS, FCPS). Consultant Cardiologist, Indus Hospital Karachi. Ex-Professor of Cardiology & Incharge PGME NICVD, Karachi, Pakistan. (Cell No: 03022696068, Email: asadkundi@gmail.com).
* Dr AhmedUllah Khan, MBBS, FRACP, FCSANZ. Consultant Interventional Cardiologist, Bendigo Health, Bendigo, Australia.

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