**DR. NASIR IQBAL**

**MOHALLAH HIDAYAT ABAD STREET #1, NEAR CIVIL HOSPITAL KHUSHAB.**

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**PERSONAL PROFILE**

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| **Father Name** | **:** | **Muhammad Ashiq** |
| **Date of Birth** | **:** | **April 03, 1979** |
| **CNIC #** | **:** | **38201-7149551-7** |
| **P.M.D.C #** | **:** | **43544-P** |
| **Domicile** | **:** | **Khushab** |
| **Religion** | **:** | **Islam** |
| **Nationality** | **:** | **Pakistani** |
| **Marital Status** | **:** | **Married** |

**OBJECTIVES**

To work in an organization as an integral part of it; to accomplish the job assigned in a better way; to excel in the field as a hardworking and honest professional. To accept a challenging position; to put together my abilities and knowledge and prove self in the professional career. I have energy to work under high pressure and motivation to achieve goals and serve humanity by using my professional skills.

**QUALIFICATIONS**

* **FCPS CARDIOLOGY**

College of physicians and surgeons Pakistan

* **Dip Cardiology**

University of Health Sciences

* **Certificate in health professional education (CHPE)**

Superior university Lahore.

* **IMM (Medicine)**

Colleges of physicians and surgeons Pakistan

* **FCPS-I (Medicine & Allied)**

Colleges of physicians and surgeons Pakistan

* **MBBS**

Allama Iqbal Medical College Lahore

* **F.SC (Pre Medical)**

Govt. Degree college Jauharabad

* **S.S.C**

M.C. High School Khushab, Distt. Khushab

**PROFESSIONAL EXPERIENCES**

* Professor of cardiology Azra Naheed medical college Lahore(Jan 2022 to date).
* Associate professor of cardiology (19 Feb 2019 to date)

Azra Naheed medical college Lahore.

* Assistant Prof.of cardiology (since 30th Dec 2015 to 18 Feb 2019)

Azra Naheed medical college Lahore.

* Senior registrar cardiology Dept. of cardiology Mayo Hospital Lahore.
* Consultant cardiologist PSSHMC, Rai wind, Lahore.
* Assistant Prof. cardiology (since 18th July2013 to sep 08 2015)

Postgraduate Medical Institute Gulab Devi Hospital Lahore.

* Medical Officer Cardiology (19th Feb 2007 to 28th Feb 2008)

Cardiology Dept.Gulab Devi Hospital Lahore.

* Fellowship Registrar Cardiology (1st March 2008 to 24 Nov 2011)

Cardiology Dept. Gulab Devi Hospital Lahore.

* Medical Officer Cardiology (25th Nov 2011 to 17th July 2013)

Cardiology Dept.Gulab Devi Hospital Lahore.

* Fellowship Registrar in General Medicine (19th Jan 2005 to 19th July 2006)

Medical Unit III, AIMC/Jinnah Hospital Lahore.

* Fellowship Registrar in ICU (20th July 2006 to 19th Oct 2006)

ICU, AIMC/Jinnah Hospital Lahore.

* Fellowship Registrar in Nephrology/Urology (20th Oct 2006to 18th Feb 2007)

Nephrology/Urology AIMC/Jinnah Hospital Lahore.

* Additional Registrar (3 Years)

Accident and Emergency Dept. Doctor Hospital Lahore.

* House Surgeon (6 Month)

General Surgery/Surgical Unit III, AIMC/Jinnah Hospital Lahore

* House Physician (6 Month)

General Medicine /Medical Unit III, AIMC/Jinnah Hospital Lahore

**Cardiac Interventional procedures (Performed independently)**

* Temporary pace maker implantation >150
* Pericardiocentesis >300
* Exercise tolerance test >150
* Echocardiography >2500
* D.C Cardioversion >1000
* Coronary Angiography >1500
* PTCA/PCI >400
* Mitral balloon valvotomy (PTMC) >40
* PPM implantation >15
* Pulmonary balloon valvotomy >5
* Right Heart Cath >50
* CVP line insertion >150
* Dialysis Catheter >20

**Assisted Procedures**

* Coronary angiography >300
* Mitral balloon valvotomy (PTMC) >250
* PTCA >500
* Pericardiocentesis >100
* PPM Implantation >20
* Right Heart Cath >70
* IABP Insertion >5
* Aortic Balloon Valvotomy >5
* Pulmonary Balloon Valvotomy >5
* Balloon Atrial Septostomy 2

**Professional Development**

* Medical Emergencies: CPR, Toxicology, and Wilderness an online non-credit course authorized by University of Colorado System and offered through Coursera.
* Certified **BASIC LIFE SUPPORT (BLS) PROVIDER** by **AMERICAN HEART ASSOCIATION Mar** 2020**.**
* Certified **ADVANCED CARDIOVASCULAR LIFE SUPPORT(ACLS**) **PROVIDER** by **AMERICAN HEART ASSOCIATION,** Mar 2020.
* Participated in the live activity material titled “**SCAI 2020 VITUAL SCIENTIFIC SESSIONS”** May 18 2020 awarding 22 AMA PRA Category 1 credits.
* Completed Training Course On **BASIC ASSESMENT AND SUPPORT IN INTENSIVE CARE** at JHL, By Health Services Academy, Govt. Of Pakistan.
* Attended online CME activity” HMS **Special Update-Coronavirus**” by **HARVARD MEDICAL SCHOOL.**
* Completed Training Course “**DEFEAT COVID-19 BE A CHAMPION”** arranged **by GULF MEDICAL UNIVERSITY.**
* Completed online **Training Course on COVID-19 on** Mar 31,2020, enduring2 CME credit hours by **UNIVERSITY OF HEALTH SCIENCES, LAHORE.**
* Attended online CME activity **“Coping with Corona Cardiac Challenges” by ROYAL COLLEGE OF PHYSICIANS & SURGEONS GLASGOW** 27 APRIL 2020
* Completed Course On **“COVID:19 TACKLING THE NOVEL CORONAVIRUS “By** London School of Hygiene & Tropical Medicine and UK Public Health Rapid Support Team
* Completed Certified course in **BASIC ICU MANAGEMENT by AKUH**” on May 5-14,2020 by AKUH in collaboration with Govt. of Sindh, PSA, Dow University of Health Sciences and Pakistan Society of Critical Care.
* Attended online CME webinar **“Covid-19 Antibody Test**” **by AKUH 2020**
* Attended workshop on **Surgical Critical Care,** At Bahria International Hospital (Orchard), Worth 7 CME Credits On Feb 08 ,2020.
* Participated in “**Symposium On World Radiography Day 2019”** held at ANMC **on** 26-11-2019 organized by SARC at ANMC Lahore.
* Participated in **Hernia Conference** held at ANMC **on** 12-09-2019 by DME at ANMC Lahore
* Participated in workshop on **“Curriculum Mapping”** on 01-09-2019 by DME at ANMC Lahore
* Participated in workshop on “construction of MCQS**”** on 27-08-2019 by DME at ANMC Lahore
* Participated in workshop on “**Concepts and Tools for Assessment in Medical Education”** on 24-08-2019 by DME at ANMC Lahore
* Participated in workshop on **Examination Blue Printing** and **Table of Specifications on** 18-08-2019 at ANMC Lahore.
* Participated in “**Pakistan Live 2019**” on 4th’ 5th & 6th of April at Lahore organized by **Pakistan Society of Interventional Cardiology** in collaboration with **University of Health Sciences** conferring 18 CME hrs.
* Participated in **“Workshop On Rotablation**” at “**Pakistan Live 2019**” on 4th’ 5th & 6th of April at Lahore organized by **Pakistan Society of Interventional Cardiology** conferring 15 CME hrs.
* Participated in “**Workshop On IVUS” & OCT** at “**Pakistan Live 2019**” on 4th’ 5th & 6th of April at Lahore organized by **Pakistan Society of Interventional Cardiology** conferring 15 CME hrs.
* Participated in “**Workshop On Coronary Physiology Assessment by FFR & IFR”** at“**Pakistan Live 2019**” on 4th’ 5th & 6th of April at Lahore organized by **Pakistan Society of Interventional Cardiology** conferring 15 CME hrs.
* Participated in **“Simulation Based Workshop On Peripheral Vascular Interventions”** at“**Pakistan Live 2019**” on 4th’ 5th & 6th of April at Lahore organized by **Pakistan Society of Interventional Cardiology**; organized by PSIC in collaboration with **University of Health Sciences** conferring 15 CME hrs.
* Participated in **National Conference On Medical Journalism** in January 2019’ organized by **Pakistan Association of Medical Editors & Eastern Association of Medical Editors** in collaboration with **HEC-PM&DC-KEMU-FJMU & University of Health Sciences** conferring 07 CME hrs.
* Participated in “**Workshop On Medical Writing for Research Grant “**at **National Conference On Medical Journalism** in January 2019’ at Azra Naheed Medical College Lahore organized by **Pakistan Association of Medical Editors & Eastern Association of Medical Editors** in collaboration with **HEC-PM&DC-KEMU-FJMU & University of Health Sciences** conferring 01 CME hrs.
* Participated in Conference organized **by Pakistan Hypertension League** on 22nd annual meetingIN COLLABORATION WITH UNIVERSITY OF HEALTH SCIENCES On 21st To 24th February 2019 at PC Lahore with the **theme “REACHING OUT” conferring 16 CME Hrs.**
* Participated in “**Pakistan Live 2018**” on 29th’30th &31st of March at Islamabad organized by **Pakistan Society of Interventional Cardiology** in collaboration with **University of Health Sciences**.
* Attended symposium on **“Role of ARNI in Acute & Chronic Heart Failure…. A Paradigm Shift”** at PC Lahore in May 2019.
* **Moderated The Session in International Medical Conference(IMC)** organized by joint collaboration of Azra Naheed Medical College and **Royal College of Physicians UK, held** in PC Lahore,2016.
* Attended **International Medical Conference(IMC)** organized by joint collaboration of Azra Naheed Medical College and **Royal College of Physicians UK, held** in PC Lahore,2016.
* Attended **RCPE (Royal College of Physicians of Edinburgh**) symposium **(Royal College of Physicians of Edinburgh)** on **Cardiology**, Nov 09,2016, by live link.
* Attended **RCPE (Royal College of Physicians of Edinburgh**) symposium :56TH st Andrew’s day festival symposium: **updates on acute medicine** on Nov 25,2016, by live link.
* CO Organizer at **World Heart Day 29 SEP 2016**, at Azra Naheed Medical College, superior university Lahore.
* Delivered lecture on **Prevalence and Epidemiological Patterns of Cardiovascular Diseases** globally and in south Asia on **World Heart Day SEP 2016,** at Azra Naheed Medical College, superior university Lahore.
* Received **Life Saver Gold Certificate** in 2015 by **Resuscitation Council of United Kingdom.**
* Delivered lecture and conducted 2-day workshop on **Basic (BLS) And Advanced Cardiac Life (ACLS) Support** in Punjab social security health care management company hospital, raiwind Lahore.
* Delivered lecture to all medical and paramedical staff on “Guidelines **& Recommendations for Transportation of Critically Ill Patients”**, in Punjab social security health care management company hospital, raiwind Lahore.
* Attended the international conference” **PIC Heart TALK” Conference at Avari hotel Lahore**.
* Attended the **16th Heart Association Lahore Conference** at GDH,2008.
* Attended the **17th Heart Association Lahore Conference** at GDH,2010.
* Attended the **18th Heart Association Lahore Conference** at AIMC,2012.
* **Moderated the inaugural session of 18th Heart Association Lahore Conference at AIMC,2012.**
* Attended the **Biennial Cardio-respiratory conference** 2015, held at GDH.
* **Moderated The Session On Ischemic Heart Disease** at **Biennial Cardio-respiratory conference** 2015, held at GDH.
* Member of the team conducting **Workshop on PTMC** **Biennial Cardio-respiratory conference** 2015, held at GDH.
* **Conducted a two-day workshop on** **Basic (BLS) And Advanced Cardiac Life (ACLS) Support**, including guidelines for intra and inter hospital transport of critically ill patients to the junior doctors, staff nurses and paramedics of the cardiology department, Gulab Devi hospital, Lahore in 2013.
* **Management of Bleeding and other emergent situations in Patients on NOACS in the ER,** byEuropean Accreditation Council for Continuing Medical Education on 08/03/2017.
* Attended the **WHO collaborating centre for research and training in education Development of Health** held at CPSP regional centre, 2009.
* Attended the **WHO collaborating centre for research and training in introduction to computer and internet** held at regional centre, 2010
* Attend the W**HO collaborating centre for research and training in Research Methodology Biostatistics Dissertation writing** held at regional centre,2010.
* Attended the **Biostatistics, Research Methods and SPSS** held Gulab Devi PGMI Lahore 2012.
* **26 July 2015 - Practical Concepts in Atrial Fibrillation Management,** completed course, organized by CME-CPD Academy, available at www.cme-cpd.org, accredited by **The European Board for Accreditation in Cardiology (EBAC). *24***
* **24 July 2015 - Hot Messages from Barcelona 2014 (part 1 & 2),** completed course, organized by CME-CPD Academy, available at www.cme-cpd.org, accredited by **the European Board for Accreditation in Cardiology (EBAC)**.
* **Impact of revascularization on post infarction Ischemic Mitral Regurgitation: A** case presentation in a patient presenting with acute inferior myocardial infarction in clinic pathological conference at GDH.
* **A Fish in the pericardium:** a real life challenging case of pericardial effusion with many lessons to learn; A case presentation in clinic pathological conference at GDH.
* **Role of imaging in patients with atrial septal defect**: A review of basic and advanced imaging modalities of current era; presented in clinic pathological conference at GDH.
* **Assessment of myocardial viability:** a case based approach utilizing merits and demerits of the available techniques, presented in clinicopathological conference at GDH.
* **Pre-op assessment and perioperative management of cardiac patients undergoing non cardiac surger**y’s scenario based lecture delivered in weekly CME activity at cardiology department GDH.
* **Management of pregnant females with cardiac diseases**: A discussion based on real cases managed in Gulab Devi Hospital at clinicopathological conference GDH.
* Attended conference on WORLD **LIVER DAY**, organized by Pakistan society of gastroenterology and hepatology in 2004 and 2006.
* Attended conference on WORLD **RHEUMATOLOGY DAY**, organized by Pakistan society of rheumatology in 2005.
* Actively involved in **Teaching of Post Graduate Residents in Cardiology**, both in fellowship and diploma programs at Gulab Devi Post Graduate Medical Institute, Gdh Lahore.
* Actively involved in **Teaching of students of allied health sciences** at gulab Devi post graduate medical institute, GDH Lahore.

**Memberships**

* Member European Society of Cardiology EACVI **- Nuclear Cardiology & Cardiac CT Section.**
* Member European Society of Cardiology EACVI **– Echo section**
* Member European Society of Cardiology **Heart Failure Association of the ESC (HFA)**
* Member European Society of Cardiology**: General Cardiology**

**Research Work**

**Case report**:

TAKOTSUBO CARDIOMYOPATHY WITH HISTORY OF SEIZURES: A CASE MIMICKING ACUTE CORONARY SYNDROME

Pak Heart Journal 2015 Vol 48(01):52-55

* **Research articles**:
* Race Against the Clock-A Study of Time Management Skills of Medical Teachers

JSMD Jun 2020 Vol. 6(01):9-14

* Detection of Myocardial Ischemia with Dobutamine Stress Echocardiography

JAIMC April - June 2021 Vol. 19 No. 2

* Effect of Abdominal Physiotherapy in Reduction of Inter Recti Distance in Postpartum Females

PJHMS Jun 2021 Vol. 15, No. 6, 1446

* Rate of HCV Seroconversion and its Associated Factors in Hemodialysis Patients

PJHMS Jul 2021 Vol. 15, NO. 7, 1653

* Effect of Basil Seed and Chia Seed Extracts on Blood Lipid Profile

PJHMS Aug 2021 2117 Vol. 15, NO.8

* Abnormal Liver Function Test and Statins

PJHMS Oct 2021 Vol. 15, No.10, 3293

* Role of Biochemical Markers in Detection of Myocardial Infarction

PJHMS Nov 2021 Vol. 15, No.11, 3347

* Impact of Diabetes Mellitus on in Hospital Adverse Outcomes after First

PJHMS Dec 2021 Vol. 15, No.12, 3343

* Episode of Acute Coronary Syndrome: A Comparative Cohort Study

PJHMS Dec 2021 Vol. 15, No.12, 3343

* Frequency of recently poor glycemic control as assesed by hba1c in diabetics presenting as ACS

PJHMS Dec 2021 Vol. 15, No.12, 3343

* Burnout Syndrome among Students of a Private Medical College at

PJHMS Sep 2021 Vol. 15, NO.9

* Effect of E-Learning on Higher Education

PJHMS Sep 2021 Vol. 15, NO.9

* + - * CARDIOPULMONARY BYPASS TIME: A PREDICTOR OF MYOCARDIAL DAMAGE IN PATIENTS UNDERGOING CORONARY ARTERY BYPASS GRAFTING

JAIMC. 2021; 19(1): 147-150.

* + - * Barriers in Practicing Outcome Measurement Tools Among Health Care Providers

1. M H S Vol. 14, NO. 4, OCT – DEC 2020
   * + - Attitudes and Perceptions of Medical Students Regarding Work Place Harassment Act: An Interpretive Paradigm

P J M H S Vol. 14, NO. 4, OCT – DEC 2020 1277

* Effect of Abdominal Physiotherapy in Reduction of Inter Recti Distance in Postpartum Females

P J M H S Vol. 15, NO. 6, JUN 2021 1446

* Effect of Basil Seed and Chia Seed Extracts on Blood Lipid Profile

2117 P J M H S Vol. 15, NO.8, AUG 2021

* Association of Dyslipidemia with Severity of Psoriasis

JAIMC. 2021; 19 (3): 570-74.

* Rate of HCV Seroconversion and its Associated Factors in Hemodialysis Patients

P J M H S Vol. 15, NO. 7, JUL 2021 1653

* Detection of Myocardial Ischemia with Dobutamine Stress Echocardiography

JAIMC Vol. 19 No. 2 April - June 2021

* Frequency of Major Bleeding Episodes With Rivaroxaban For Atrial Fibrillation Related Stroke Prevention In Chronic Kidney Disease Patients

Pak Heart J 2022;55(01)

* EFFECT OF CARDIOPULMONARY BYPASS ON LIVER FUNCTION IN PATIENTS UNDERGOING CORONARY ARTERY BYPASS GRAFTING ORIGINAL PROF-2924

Biomedica Vol.31, issue 1, Jan-Mar,2015.

* FREQUENCY OF CONVENTIONAL RISK FACTORS OF MYOCARDIAL INFARCTION IN GULAB DEVI HOSPITAL.

Biomedica Vol.30, issue 3, Jul-Sep,2014.

* FREQUENCY OF DOUBLE VESSEL CORONARY ARTERY DISEASE IN DIFFERENTTIMI SCORES IN PATIENTS PRESENTING WITH NON ST-ELEVATION ACUTE CORONARY SYNDROME AT GULAB DEVI CHEST HOSPITAL

Professional Med J 2015;22(12):1569-1573

**References**

**Prof. Dr. Muhammad Zubair** (MRCP, FRCP, FACC)

Professor of Cardiology, Head of department, Cardiac complex, Gulab Devi Hospital Lahore.’

**Dr. Faiz-ur-Rehman** (MD, Diplomate American Board of interventional cardiology)

Former Assistant Professor of Cardiology, Gulab Devi Hospital Lahore.

**Dr. Majid Kaleem (**FCPS- Medicine, Dip-card)

Associate Professor of Cardiology, Gulab Devi Hospital Lahore

**Dr. Muhammad Ijaz Bhatti** (MRCP,FCPS Cardiology, Dip- Card)

**Prof. Dr. Arif Qayyum Khan (FACP, FACG, FRCP)**

Professor and Head of Dept. Medical Unit-III, Jinnah Hospital Lahore.

**Prof. Dr. Ghias –un-Nabi Tayyab (MRCP, FRCP, FCPS, MD)**

Professor of Medicine, General Hospital Lahore.

**Dr. Mahmood Nasir Malik (MRCP, FRCP, FCPS, MD)**

Professor of Medicine, Jinnah Hospital Lahore.

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