**Curriculum Vitae**

**Dr Muhammad Wajahat Alam Lodhi**

**MBBS, PLAB(GMC reg), FCPS CARDIOLOGY**



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**Personal Details**

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Date of birth 08 June 1989

Marital status Married

Nationality Pakistani

GMC registration 7518350

Religion Islam

Languages English, Urdu, Pashto, Punjabi,

**Personal Statement**

I am committed to a career in Cardiology. I have completed My Adult cardiology fellowship in Armed forces Institute of Cardiology Pakistan. I have a special interest in cardiology since My general medicine basic Training and aspire to pursue my career in this field. I am also interested in medical research and have presented in local conferences.

**Registrations**

General Medical Council UK 7518350

Pakistan Medical & Dental Council (PMDC), Pakistan (vide no 71497-P)

**Qualification**

2013 **MBBS**  Bahria University Medical and Dental College , Pakistan

2015 **Internship** Armed Forces Post Graduate Medical Institute

2017  **PLAB**  General Medical Council , UK

2022 **FCPS CARDIOLOGY** College Of Physicians & Surgeons Pakistan AFIC/NIHD

**Resuscitation**

2018 Basic Life Support

2018 Advance Cardiac Life Support

**Learned Bodies**

College of Physicians & Surgeons, Pakistan (CRD-18-113-1885)

**Academic and Professional Memberships**

* Member Pakistan Cardiac Society
* Member Heart Failure Association European Society Of Cardiology
* Member European Association of Percutaneous Cardiovascular Intervention
* BUMDC Alumni Association, Pakistan

**Employment History**

**Institution Supervisor/Commandant Position**

**Fauji Foundation Hospital / FFACE HOD :**Prof. Maj. Gen ®Dr Sohail Aziz Registrar Cardiology

**Armed Forces Institute of Cardiology/**

**National Institute of Heart Diseases (AFIC/NIHD)**

**Rawalpindi, Pakistan** Prof. Maj. Gen ®Dr Sohail Aziz Fellowship Cardiology 26-07-2018 to 25-07-21

**Military Hospital,** Prof. Maj.Gen® Dr.Aslam Khan Resident General (Internal) **Rawalpindi** Medicine

16 Jul 2016- 16 Jul 2018

**Yusra Medical and Dental College**

**Cantonment Board Hospital** Prof. Maj. Gen ® Nasim Ul Majeed Medical Officer

26-03-15 to 15-07-16

**Military Hospital ,**

**Rawalpindi**  Prof.Maj.Gen.Jawad Khaliq Ansari House Officer

07 Mar 2014-08 Mar 2015

**Research/Publications**

A good research is fundamental to evidence-based medicine to explore and provide new treatments and interventions. For last few years I have gained formal training in research and management skills via attending various workshops. My publication list is as under;

**National**

1. Impact of physician led lifestyle modifications (diet and daily step count using pedometer) on glycemic control of type-ii diabetic patients’’ (in process)
2. Frequency of Guillian-berre syndrome and its variants at military hospital Rawalpindi (accepted for Publication as third author Sep 2019 In PAFMJ)
3. Frequency of Iron deficiency anaemia in patients of inflammatory bowel disease as Military hospital Rawalpindi (accepted for publication as third author Sep 2019 in PAFMJ)
4. Madiha Mohyuddin, Wajahat Lodhi, Ramsha Khan. Frequency And Factors Associated With Headache Among People Of Various Occupations J Bahria Uni Med Dental Coll Jul - Dec 2012;2(2):26-31 (<http://www.pakmedinet.com/22691/c>)
5. Madiha Mohyuddin, Col Imtiaz Ahmed Khan, Wajahat Alam Lodhi. Clinical Profile Of Acute Myocardial Infarction Patients At PNS -SHIFA Hospital Karachi J Bahria Uni Med Dental Coll Jan - Mar 2015;5(1):12-5 (<http://www.pakmedinet.com/24558/c>)

**Presentations**

**poster presentations**

1. Healthcare from bench to bedside and beyond - paper presentation - third symposium held 26-27 april 2013
2. Certificate of winning 2nd prize poster competition '' tobacco control''- 1st march 2010
3. Powerpoint presentation obesity- dept of biochemistry

**Conferences Attended**

1. Workshop on Evaluation & management of diarrhoea & Dysentry
2. Stoma Care Training , CMH Rawalpindi held on 28-11-14
3. ECGs in Medical Emergencies , AFIC/NIHD held on 5-11-16
4. Rhythm For Life 2019 , 16th International Conference On Cardiac Electrophysiology
5. Challenges In Cardiology (CIC) Conference 8th-10th March 2019
6. 20th Annual Cardiology Update PC Bhurban by AFIC/NIHD

**Courses/Meeting/Workshops**

* Advanced Cardiac Life Support (ACLS) at Armed Forces Institute of Cardiology (AFIC) Rawalpindi, Jul 2018
* Communication Skills workshop at CPSP Regional Centre Islamabad
* Workshop on “Research methodology, Biostatistics and dissertation writing” at CPSP regional center Islamabad.
* IT workshop on basic Computer skill and Microsoft Word, CPSP Regional Centre , Rawalpindi
* Basic airway skills and mechanical ventilation at Dept. of CCM, MH Rwp.

**Clinical Governance and Audit**

During my training I have learned the importance of clinical audit providing most important tool to improve quality of patient care. The understanding of audit cycle has helped me to understand the significance of continuous assessment of current practices and guidelines by comparing them with best standard practice and then making recommendations of practical and achievable changes within current resources.

**Evidence-Based Medicine**

I regularly undertake critical appraisal and presentation at journal clubs.

**Teaching**

Teaching has always been most essential and enjoyable part of my career. I have been continuously developing my teaching skills by either directly participating in teaching doctors and nurses or via attending formal courses. I have learned to collect feedback from teaching audience to improve any areas of need in my teaching methods and use this tool as positive reflective learning for further development.

Since starting my role as a resident in medicine and Cardiology, I have been formally participating in medical students teaching with at least two session every week.

**Clinical Experience**

Over the past 7+, since commencing my career in the field of medicine and cardiology, I have gained extensive and broad experience in all aspects of this speciality. I have updated my personal practice and knowledge by reflective practice and self-directed learning as well as by attending internal and external courses, seminars and meetings. I have gained competence in managing all medical as well as cardiology emergencies along with strong experience of medical outpatient management of chronic conditions. As a fellow in training in clinical cardiology I have performed numerous 2d echocardiograms, performed diagnostic coronary angiograms and also performed as well as assisted percutaneous interventions. I have assisted variety of cardiology procedures including chronic total occlusions, percutaneous trans venous commissurotomies . I have also observed FFRs, OCTs, Pacemaker implantation and CRT device implantation.

I have gained competence in vast majority of medical procedures and able to perform them safely without supervision.

Medical Procedures

* 2d Echo cardiogram
* Coronary Angiogram + PCI

• Peripheral venous cannulation

• Lumber Puncture

• Arterial Sampling

• Tracheal intubation

• Peripheral Arterial cannulation

• Suprapubic aspiration of urine

• Ureteral Catheterisation

• Electrocardiogram

• Peritoneal Tap

• Nasogastric tube placement

• Central venous line (CVP)

• Pleural biopsy

• Double lumen dialysis catheter

• Administration of intravenous and intramuscular injections

**Generic Skills**

* I am very skilled and experienced in communication information in an effective, clear and supportive manner to patients and their families. I understand the need of effective communication and make a great effort to communicate and explain conditions and interventions in simple language. I am comfortable in communicating prognosis, risks involved in procedure, therapeutic options in an empathic and inclusive manner, including breaking bad news.
* Several years of experience in outpatient and rapid access clinics. I have reined my consultation skills to ensure patient satisfaction whilst recognising the importance of running my clinic to time. I enjoy reflection on selected patients that I have seen, with senior input, to enhance my learning and understanding about complex cases and difficult consultations.
* I have also gained competency in rapid assessment and management of patients in ambulatory units with appropriate decision regarding inpatient stay.

**Information Technology**

* Computer skills including the ability to operate Microsoft Word, Excel, PowerPoint, e-mail, Internet, downloading and web surfing at a highly proficient level.
* I can operate office equipment’s like fax, scanner and photocopier.
* Routinely and effectively use computer skills in communication with other departments, teaching of students and making presentations both in the department as well as the hospital meetings.
* I am fluent in the use of SPSS, which is my preferred programme for data analysis.

**References**

Maj. Gen ® Aslam Khan

Consultant Pulmonologist and Intensivist

Bahria International Hospital Rawalpindi

Contact: 03215046019

Maj Gen. Naseer Samore

Consultant Cardiologist and HoD

Armed Forces Institute Of Cardiology

Contact: 032115009952

Maj Gen® Dr Khurshid Uttra

Consultant Physician & Ex-Commandant

Armed Forces Institute of Rehabilitation

Rawalpindi,Pakistan

Contact: 009255555103

Maj. Gen Dr.Shazia Nisar

Professor of Medicine

Pak Emirates MH Rawalpindi

Contact: 00923228578921

Further References of repute can be produced on request.