Dr. Zameer ul Asar

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**EDUCATION:**

Fellowship Training in FCPS Interventional Cardiology (2019-2020)

Completed training in FCPS Interventional Cardiology

College of Physicians and Surgeons Pakistan

FCPS Cardiology (2015)

Cardiology

College of Physicians and Surgeons Pakistan

## MBBS (2001-2006)

##### University of Health Sciences, Lahore, Pakistan

Nishtar Medical College, Multan, Pakistan

**RECENT APPOINTMENTS HELD:**

* **Assistant Professor of Cardiology. (Selected Through PPSC) (Dec 2020)**

Working as AP Cardiology Rawalpindi Medical University. (5th May 2021 to date)

* **Senior Registrar in the Department of Cardiology in Punjab Institute of Cardiology, Lahore** (August 2015 to May 2021 ).
* **Consultant Cardiologist Alrazi Healthcare Hospital, Lahore.** (Nov 2015 to date)
* **Consultant Interventional Cardiologist, Ittefaq Hospital Lahore.** (Sept 2016 to date)
* **Registrar Cardiology in the Department of Cardiology in Punjab Institute of Cardiology, Lahore** (5th Nov 2010 – 31st July 2015)
* **Registrar Internal Medicine in the Department of Medicine in Services Hospital, Lahore** (1st Jul 2008 – 4th Nov 2010)
* **House Officer, Services Hospital Lahore.** (Apr 2006 -Apr 2007)

**SPECAIL INTRESTS:**

* **Interventional Cardiology:**

I have special interest in doing invasive procedure including Coronary Angiography, Angioplasty and PTMC. Currently doing two independent lists per week in cath lab of Punjab Institute of Cardiology where more than 18000 procedures are done per year. I have independently performed > 10000 Coronary angiograms and > 4000 Angioplasties as first operator so far which includes complex PCI’s, vein graft PCI’s, CTO’s and bifurcation and LMS PCI’s. I have also done case of rotational atherectomy, carotid and pheripheral stenting as first operator and as first assistant.

* **Echocardiography:**

I have keen interest in doing Transthoracic and Transesophageal echocardiography. I am doing two independent lists of transthoracic echocardiography per week in PIC where more than 30,000 echo procedures are done per year.

**EXPERIENCE IN INTERVENTIONAL CARDIOLOGY:**

Central venous cannulation Over 500 procedures

Coronary Angiography (1st operator) Over 10000 procedures

Coronary Angioplasty (1st operator) Over 4000 procedures

Perm Pacemakers (2nd operator) Over 20 procedures

Temp Pacemakers (1st operator) Over 100 procedures

Pericardiocentesis (1st operator) Over 50 procedures

ETT (as supervising consultant) Over 5000 procedures

Transthoracic Echocardiography Over 10000 procedures

FFR and IVUS (2st Operator) Over 50 procedures

Rotational atherectomy (1st operator) Over >5 cases

**INTERNATIONAL AND NATIONAL CONFERENCES:**

During my training had the experience of participating in various International and National Conferences such as:

* Pakistan Live 2019
* Pakistan Hypertension league 2018.
* Pakistan Live 2018
* Pakistan Live 2017.
* International PIC Heartalk and EP conference 2015 as faculty member, organizer and presentation.
* International PIC heart talk and EP conference 2014 as organizer.
* International PIC heart talk and EP conference 2013
* International PIC heart talk and EP conference 2012
* International Cardiology Conference held in PC Lahore in December 2009
* National Conference of Emerging Trends in Diabetes in Lahore in November 2009
* Cardiology Conference held in King Edward Medical College, Lahore in 2007

**RESEARCH PAPERS:**

* Zameer.U, Wajid.A. Interesting cases of stent thrombosis. J Cardiovasc Dis 2012;10(4):118-120.
* Fatima Q, Maroosh M, Zameer U. In patients with left bundle branch block, severity of coronary artery disease and demographic factors. J Cardiovasc Dis 2014;12(2):33-36.
* Zameer U, Tahir N, Shaima A. Accuracy of computed tomographic angiography for the detection of coronary collaterals as compared to conventional invasive angiography. J Cardiovasc Dis 2015;13(3):73 -76.
* Abdul Wajd K, Deepak Kumar M, Zameer Ul A. Left Atrial Appendage Morphology, Does it Matter? Clin Exp Cardiolog 8:542. doi: 10.4172/2155-9880.1000542.
* Haider G, Muhammad T, Zameer U, Usama Z. Compassion Satisfaction, Burnout, and Compassion Fatigue in Cardiac Physicians Working in Tertiary Care Cardiac Hospitals in Pakistan 10.7759/cureus.3416.

**EXTRA CURRICULAR ACTIVITIS:**

I like to do photography and play Lawn Tennis and football. During my stay at Nishtar Medical College, I remained an active member of College Sports Organization Committee, Lawn Tennis Club and Table Tennis Club.

# LANGUAGE SKILLS:

I am proficient in English language.

Moreover I am fluent in Urdu and Punjabi speaking.

# FUTURE PLANS:

* To improve my interventional capabilities and get training in advance modalities like Rotablator, OCT, IVUS and perform retrograde CTO’s, TAVR and Mitra Clip procedures.
* To impart training to postgraduate students in Cardiology.
* To contribute actively towards development and improvement of Cardiac Department.
* To be an active member in developing cardiac institute of International standards.
* Further research and publications.

# REFRENCES:

References will be provided on demand.