**DR. FAROOQ AHMAD**

**MBBS, FCPS (Cardiology)**

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**PROFILE**

Having a cumulative experience of more than seven years after post-graduation. I am proud in saying that I have passed my entire professional and fellowship exams in the first attempt. Worked at different positions in different hospitals and have experience of handling variety of elective and emergency cardiac problems, supervised my colleagues at various levels of competence. I have worked as assistant editor Pakistan heart journal. I have special interest in the field of Interventional Cardiology and see a lot to be done in it. I always took challenges and love to take more in my profession, looking forward to positive criticism with the hope to improve further.

**EDUCATION/TRAINING**

1. FCPS (Cardiology) Award date January 30, 2014 College of Physicians & Surgeons Pakistan.
2. M.B.B.S Award Date December, 2006 Khyber Medical College, University of Peshawar. Pakistan.

**EXPERIENCE**

1. **Assistant professor**

Cardiology Department, Medical Teaching Institute, Khyber Teaching Hospital Peshawar

May 2017 till date.

A position that has its Clinical and Academic responsibilities.

* Outpatient clinic one day a week
* Ward and CCU round
* Teaching to undergraduate and post graduate students
* Attending and participating in academic sessions in ward
* Taking care of all cardiology emergencies and CCU
* On call duties 2-days a week
* Attending calls from other units and pre-op assessment of surgical patients
* Regularly doing procedures in Cath lab Lady Reading Hospital Peshawar

1. **Senior Registrar**

Cardiology Department, Medical Teaching Institute , Khyber Teaching Hospital Peshawar

16th April 2016 to May, 2017

A position that has its Clinical, Academic and Management responsibilities.

My job responsibilities include;

* Outpatient clinic one day a week
* Taking care of all cardiology emergencies and CCU
* On call duties 3-4 days a week
* Attending calls from other units and pre-op assessment of surgical patients
* Regularly doing procedures in Cath lab Lady Reading Hospital Peshawar

1. **Senior Registrar**

Gajju Khan Medical College and Group of Teaching Hospitals Swabi, KPK.

24th February 2015 to date.

A position that has its Clinical, Academic and Management responsibilities.

My job responsibilities include;

* Outpatient clinic of at least 80+ patients four day a week
* Taking care of all cardiology emergencies and CCU
* On call duties 3-4 days a week
* Attending calls from other units and pre-op assessment of surgical patients
* Regularly doing procedure in Cath lab LRH Peshawar

1. **Junior Registrar EP cardiology**

Cardiology Department Hayatabad Medical Complex Peshawar, KPK.

19 Nov 2014 to 23rd February 2015.

Job responsibilities include

* Full time, residential and nonpracticing job
* Care of all inpatient cardiology patients, along with on call cover
* Outpatient care
* Assisting seniors and Superving junior colleagues, Nursing staff
* Cath lab duty
* Teaching/ training house officers and internal medicine residents
* Preparing and notifying duta rota for all staff of the unit
* Monthly mortality/morbidity meeting and clinical audit
* Ensuring that all equipments, instruments and appliances are properly maintained

1. **Medical Officer**

Emergency Satillite Hospital Nahaqi Pehawar

27 August, 2013 to 18 Nov 2014

My job responsibilities included;

* Daily outpatient clinic of at least 80+ patients
* Taking care of all cardiology emergencies
* Duties at hospital emergency department
* I was doing procedures in cath lab LRH

1. **Post graduate Trainee in Cardiology**

Department of Medicine POF Hospital Wah Cantt

28 April, 2008 to 27 January 2009i

Medical “B” unit KTH, PGMI HMC Peshawar

28th January 2009 to 06 June 2010

Department of cardiology PGMI, LRH Peshawar

07th June 2010 to 06 June 2013

* Five years structured training, including two years general medicine training recognized and certified by college of physicians and surgeons Pakistan.
* Took rotations in 03 medical specialties apart from general medical unit that included ;

Nephrology, Psychiatry, and Pulmonology and

During cardiology training in addition to inpatient and out patient cardiology departments took rotation to CCU, Echocardiography deptt, Catheterization Lab, Cardiac Surgery and Paediatric Cardiology and nuclear cardiology departments.

* Twice a week clinicopathologial conference in PGMI.
* In addition to training other regular job responsibilities included active involvement in the teaching of house officers, medical officers, and visiting elective students through bedside instructions and formal lectures, participation in clinical/departmental audits and research projects

1. **Senior house officer**

Worked in ENT unit PGMI LRH

1. **Junior house officer**

Worked in General Medicine at Medical A unit PGMI LRH

**RESEARCH EXPERIENCE/PUBLICATIONS**

**PUBLISHED:**

1. **Ahmad F** , Adnan Y, Faheem M, Noor L ,Shah ST ,Ikram Ullah , Mohammad Hafizullah. Spectrum of Congenital Heart Diseases (CHD) in Older Children and Adult Population. Pak Heart J 2012 Vol. 45 (04) : 237 – 242
2. **Ahmad F**, Ilyas M ,Rauf MA , Adnan Y, Rafiullah , Hafiz Ullah M. Electrolyte disorders and renal dysfunction in patients withchronic heart failure. Pak Heart J 2013 Vol. 46 (03) : 207 – 212
3. **Ahmad F**, Ahmad S, Shah TS , Hayat Y , Adnan Y**.** Prevalence Of Risk Factors In Patients With Heart Failure With Normal Ejection Fraction (HFNEF).Farooq Ahmad , Salman Ahmad , Syed Tahir Shah ,Yasir Hayat , Yasir Adnan. Pak Heart J 2014 Vol. 47 (02) : 67-71

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| 1. **Ahmad F,** Hadi A, Iqbal MA, Adil I, Adnan Y, Haq MR, et al. Frequency of hypona­tremia and in-hospital clinical outcomes in these patients hospitalized for heart failure. J Post Med Inst 2014; 28(4): 362-6. |

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| 1. **Ahmad F**, Adil M, Ullah I, Ahmad S, Hayat Y, Ullah Hafizullah M. Heart failure clinical outcomes in hyponatremic versus normonatremic patients. J Postgrad Med Inst 2015; 29(2): 72-5. |

1. Jan R, **Ahmad F** , Qureshi MS , Shah I , Zeb S , Hafizullah M. Frequency of Risk Factors for Cardiovascular Disease amongst People Working in Secretariat. Pak Heart J 2012 Vol. 45 (04) : 264 – 268
2. Ilyas M , **Ahmad F**, Rauf MA, Shah SFA , Hafizullah M. Correlation of left atrial volume with e/é Ratio among patients presenting with Diastolic dysfunction. Pak Heart J 2013 Vol. 46 (02) : 127 – 132
3. Hadi A, **Ahmad F**, Adil I, Iqbal MA, Ashraf A, Hafizurehman, Haq MR, Shah SFA, Hafeezullah M.Clinical Profile Of Patients With Normal Coronary Angiogram. J Post Med Inst 2014; 28(4): 358-61
4. Ikramullah, **Ahmad F**, Iqbal MA, Hadi A, Ahmad S, Wali M. Comparison of conduction abnormalities between anterior and inferior myocardial infarction. Rawal Medical Journal. Vol. 40. No. 1, Jan-Mar 2015
5. Ikramullah , **Ahmad F**, Ahmad S, Hayat Y. Atrial Fibrillation and Stroke Prevention Practices in Patients with Candidacy for Anticoagulation Therapy. J Ayub Med Coll Abbottabad 2015;27(3):669–72
6. Adnan Y , Din SU , Noor L, **Ahmad F** , Shah ST ,Gul AM , Hafizullah M. Mid-Term Clinical Outcomes of Zotarolimus-Eluting Stent in Patients with Stable Angina Pectoris.Pak Heart J 2012 Vol. 45 (03) : 196 – 200
7. Faheem M , Ali J, Shah I , **Ahmed F**, Iqbal MA , Hafizullah M.Does Addition of Clopidogrel to Aspirin Decrease Platelet Aggregability? Pak Heart J 2012 Vol. 45 (03) : 201 – 206
8. Ikramullah , Khan SB, Shah ST , **Ahmad F**, Shah SFA , Gul AM, Hafizullah M.

Echocardiographic findings in Hypertrophic Obstructive Cardiomyopathy (HOCM). Pak Heart J 2012 Vol. 45 (01) : 59 – 63

1. Iqbal MA , Ikramullah , Hadi A , **Ahmad F** , Khan N , Wahid I , Hafizullah M.Frequency Of Conventional Risk Factors Among Coronory Artery Disease Patients In Tribal Area Of Pakistan. Pak Heart J. 2014;47(3):132-6.
2. Ikramullah , Iqbal MA , Hadi A, **Ahmad F,** Shah ST, Haq MRU , Iqbal A, Hafizullah M. Conduction Disturbances In Patients With Acute Anterior Wall Myocardial Infarction And In Hospital Outcomes. Pak Heart J 2014;47(3):156-61.
3. Noor L, Adnan Y, Khan SB, Rehman HU\*, **Ahmad F**, Hafizullah M.Changing trends of presentation of acute coronary syndrome in Peshawar over the last sixteen years. J Ayub Med Coll Abbotabad 2011; 23(2)
4. Rehman HU, Hafizullah M , Shah ST, Khan SB , Hadi A , **Ahmad F** , Shah I, Gul AM. Value of Polymerase Chain Reaction in Patients with Presumptively Diagnosed and Treated as Tuberculous Pericardial Effusion.Pak Heart J 2012 Vol. 45 (02) : 97 – 103
5. Hussain I ,**Ahmad F** , Irfan M. Pulmonary Arteriovenous Malformation: Percutaneous Occlusion by Vascular Plug. **(Case Report)** Pak Heart J 2011 Vol. 44 (03-04) : 48 – 51
6. Iqbal MA , Ikramullah , Hadi A, **Ahmad F,** Haq MRU, Adil M, Nauman M,Hafizullah M. Age and gender wise distribution of risk factors among patients with coronary artery disease. Journal of saidu medical college 2014: 4(2)
7. **Ahmad F**, Ikramullah, Ahmad I, Malik A, Ahmad S. Factors Associated With Under Treatment Of Atrial Fibrillation In Patients With High Risk Profile For Thromboembolism
8. Ilyas M.Ikramullah, **Ahmad F**. Correlation Of Body Mass Index With Indices Of Diastolic Function In Normotensive, Nondiabetic Patients
9. Ikramullah, Iqbal MA, **Ahmad F**, Ahmad S, Naveed D, Malik A, Khan RA. Comparison Of Risk Factors For Coronory Artery Disease Between Diabetic And Non Diabetic Patients
10. Ikramullah, IlyasM, Malik A, **Ahmad F**, Causes Of Acute Limb Ischemia And It’s In Hospital Outcome
11. Ikramullah, **Ahmad F** , Israr M, Uddin I. Risk Factors For Development Of Contrast Induced Nephropathy In Patients Under Going Percutaneous Coronary Intervention
12. Ikramullah, Ahmad I, Ali U, Iqbal MA, **Ahmad F** . Frequency Of Contrast Induced Nephropathy In Patients Undergoing Percutaneous Coronary Intervention

**CME**

1. **WORKSHOPS and CONFERENCES**
2. Introduction to computer and internet by CPSP
3. Communication skills arranged by CPSP
4. Research methodology, biostatistics and dissertation writing arranged by CPSP
5. Workshop on Continuing Medical Education by PGMI
6. Myeloproliferative Neoplasms and Recent Advances in Breast Cancer by PGMI
7. Cardiology Excellence Review Course by AFIC and NIHD
8. BCLS &ACLS 2008 by Cardiology debt PGMI, LRH
9. Cardiology Workshop 2008 at AFIC
10. Interventional Cardiology Workshop by CPSP Peshawar 2012
11. Annual Cardiology Conference by RMI Peshawar.
12. Reasearch Metodology and SPSS by LRH 2013
13. Synopsis Understanding and development 2013 at LRH
14. Management of Hypertension 2010
15. 20th Biennial Cardiology Conference was held in Peshawar from December 23 - 25, 2011

**REFEREES**

1. **Dr. Muhammad Irfan**

FCPS (Cardiology)

Assistant Professor, Department of Cardiology

MTI, LRH, Peshwar.

1. **Dr. Ijaz Hussain**

FCPS Paeds, FCPS (Paeds Cardiology)

Fellowship in Interventional Paediatric Cariology and Intensive Care IJN Malaysia

Associate Professor/ Incharge paediatric cardiology

MTI, LRH, Peshwar.

1. **r. Mohammad Fahim**

FCPS ( Medicine), FCPS (Cardiology)

Associate Professor Department of Cardiology

MTI, KTH, Peshawar.