UMAIR ALI

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**Date Of Birth**: 23rdJuly, 1985

**Objective**

Seeking a challenging position in a progressive environment to explore, import and share knowledge, for the betterment of humanity.

**Competencies**

**Professionalism**- Sound analytical and research skills; Ability to coordinated research work in addition to conduct independent research and analysis.

**Vision**- Ability to identify key strategic opportunities and risks or challenges.

**Planning and Organizing**- Ability to establish priorities and to plan, coordinate and monitor own work plan and those under supervision; Ability to work in remote areas, under pressure and to tight deadlines.

**Creativity**- Ability to think outside the box, and propose new ideas and activities; Willingness to learn.

**Communication**- Proven and sustained communication (verbal and written) skills; Ability to prepare reports and conduct presentations; ability to promote awareness.

**Teamwork**- Ability to establish and maintain effective working relations both as a team member and team leader; Ability to work in a multi-cultural, multi-ethnic environment with sensitivity and respect for diversity.

**Technology Awareness**- Proficiency in operating MS applications, internet and relevant softwares.

## **Work Experience**

* Worked as a part of the team under the guidance and supervision of Professors of medicine, surgery, OBS / Gynae, Dermatology, Otolaryngeology, Paeds and Ophthalmology, during third and fourth professional years at Ayub Teaching Hospital, Abbottabad.
* Arranged several free medical camps under supervision of Ayubian Student Forum, Edwardian Medical Association and Poor Patients Welfare Organization (ASF, EMA & PPWO).
* Arranged vaccination camps against Hepatitis-B under supervision of Edwardian Medical Association
* Worked as volunteer in Ayub Teaching Hospital during devastating earthquake on 8th October, 2005.
* Worked as house officer in Lady Reading Hospital Peshawar and managed several blast injuries.
* Worked for 2 years in Medical Unit of Lady Reading Hospital as part of Post graduation training and managed several casualties. (2012-2013)
* Worked as Resident Cardiologist at Cardiology Unit of Lady Reading Hospital Peshawar for 3 years as part of Post graduation training (FCPS 2) and managed a number of cardiac emergencies including Myocardial infarctions and Heart failures. (2013-2016)
* Can perform cardiac emergency procedures like implantation of pace makers, pericardiocentesis and bed side invasive monitoring.
* Can work in Cardiac Catheterization Lab under direct or indirect supervision.
* Worked as Acting Junior Registrar in cardiology unit lady reading hospital Peshawar from 1st January, 2016 to 25th July, 2016.
* Worked as a part of Preventive Cardiology Team, played an active part in general public education regarding Heart Diseases.
* Established a working 8 bedded CCU/ICU and a emergency cardiac care unit of 6 beds at Moulvi Ameer Shah Memorial Hospital , a Government institute and worked there from 2016-2018.
* Worked as Medical Officer under Govt. of Khyber Pakhtunkhwa (BPS-17) at Khyber Teaching Hospital Cardiology Unit (2018-2019).
* Presently working as Consultant cardiologist (Senior Registrar) at Cardiology Department of Khyber Teaching Hospital Peshawar.
* Part of COVID 19 infection control team at Khyber Teaching hospital Peshawar.

## **Academic Background**

M.B.B.S Qualifications:-

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **Certificate/Degree** | **Year** | **Board/University** | **Percentage** | **Division** |
| **MBBS**  **(4th Prof)** | 2009 | Khyber medical university | 64.10% | 1st |
| **MBBS**  **(3rd Prof)** | 2008 | Peshawar university Peshawar | 64.33% | 1st |
| **MBBS**  **(2nd Prof)** | 2007 | Hazara University, Mansehra | 63.25% | 1st |
| **MBBS**  **(1ST Prof)** | 2006 | Hazara University, Mansehra | 63.53% | 1st |

#### Pre-M.B.B.S Qualifications:-

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **Certificate/Degree** | **Year** | **Board/University** | **Percentage** | **Division** |
| **F.Sc** | 2003 | Edwardes College, Peshawar | 81.09% | 1st |
| **SSC** | 2001 | P.M.S Peshawar | 81.17% | 1st |

**Post –MBBS Qualifications:-**

|  |  |  |
| --- | --- | --- |
| **Certificate/Degree** | **Year** | **Board/University** |
| **FCPS Cardiology** | 2019 | College of Physicians and Surgeons Pakistan |
| **Medical Diplomat** | 2015 | ECFMG, United States of America |
| **FCPS Part 1** | 2011 | College of Physicians and Surgeons Pakistan |

**Achievements:**

* Government Scholarship for securing position in SSC exam 2001
* Secured second position in Peshawar Board of Intermediate and Secondary Education (F.Sc.) exam 2003
* Best Services in Research work 2018

**Computer Skills**

Command on Windows Operating System, MS Office, PowerPoint, Excel, Internet, SPSS and related office work oriented software.

**Research Work**:

Published papers in journals and currently working on several projects related to Health and Cardiology programs.

Worked as Managing Editor of Pakistan Heart Journal (Journal of Pakistan Cardiac Society) for the period of 6 years from 2014-2020

## **Language Proficiency**

1. English
2. Urdu
3. Hindko
4. Punjabi
5. Pashto

##### **Workshops/Seminars/Trainings**

1. 5th annual conference on infectious diseases, Abbotabad Pakistan.
2. 1st Health RAB online Research course
3. Pakistan Cardiac Society World Heart Day contribution.
4. Contribution as a member of Pakistan Hypertension League
5. 20th,21st AND 22ND Biennial International Cardiology Conferences
6. 23rd , 47th Annual International Cardiology Conference
7. PIC Heart Talk 45th annual conference.
8. Pakistan Live 2018
9. Khyber Medical University 8th International Annual Health Research Conference
10. Active participation in World Heart day
11. Workshop for Editors at Higher Education Commission Pakistan
12. Diabetes and Endocrine Updates PGMI 2018
13. 1st Health RAB online Research Course
14. Annual Hypertension Summit Thailand
15. 9th, 16th Annual conference of Pakistan Endocrine Society.
16. NHS Sussex Partnership course on Recognition and treatment of Depression
17. Basic Life Support Course (American Heart Association).
18. Workshop on Research Methodology, Open Access Publishing with Open Journal System
19. Scientific Session at College of Physicians and Surgeons Pakistan
20. 7th Biennial International Conference of Pakistan Society of Cardiovascular and Thoracic Surgeons
21. Seminar on The Role of ACE Inhibitor in the management of Hypertension
22. Online Course of Hypertension Conclave of University of Health Sciences Lahore
23. Online webinars of Research writers Pakistan
24. Arranged Annual Congress of Pakistan Hypertension at Peshawar in Mach 2020.
25. Completed WHO course work on Covid 19 pandemic in April 2020.

## **Memberships**

* Member of Poor Patients Welfare Society (PPWO), Edwardians Medical Association (EMA) and Ayubians Student Forum (ASF).

1. Pakistan Hypertension League.
2. Pakistan Cardiac Society
3. American Medical Association.

**Published Articles**

**PUBLICATIONS**

**Published Articles:**

1. Ikramullah , Ahmad I, **Ali U,** Iqbal MA, Ahmad F, Awan ZA. Frequency of contrast induced nephropathy in patients undergoing percutaneous coronary intervention. PakHeartJ 2015; 48(3):130-133.
2. Ilyas M, Ikramullah, Ahmad F, **Ali U**. correlation of body mass index with indices of diastolic function in normotensive, non diabetic patients. Pak Heart J 2016; 49(01): 16 - 9.
3. Hussain I, Zeb S, Irfan M, **Ali U** spectrum of congenital cyanotic heart disease in Khyber Pakhtunkhwa. Pak Heart J2015; 48(4): 190 - 93.
4. Khan SB, **Ali U**, Ikramullah, Khalid M, Ali H. cardiac catheterization lab: Safe journey in safe hands. Pak Heart J 2016; 49(02): 71-5.
5. Ikramullah, Ilyas M, Malik A, Ahmad F, **Ali U.** causes of acute limb ischemia and it’s in hospital outcome. Pak Heart J 2016;49(02): 76-80
6. Zaman S, Zeb S, Iftikhar MF, KhaqanW, **Ali U**, Jan H. frequency of hospital acquired anemia (HAA) in acute myocardial infarction .Pak Heart J 2015;48(4): 200 - 05.
7. Wali A, Ahmed M, **Ali U**, Jan H, Gul AM, Abbass F, Hafizullah M . Immediate outcomes of percutaneous transluminal mitral commissurotomy in patients of mitral stenosis.

### Ashraf S, Ashraf A, **Ali U**, Hadi NU, Anwar R, Zaman M, Hafizullah M. Frequency of undiagnosed ischemic heart disease in patients admitted with acute exacerbation of chronic obstructive pulmonary disease. Pak Heart J 2016;49(03): 102-6

### Dar MH, Falah SF, khan I, khan A, **Ali U** .Efficacy of valsartan plus amlodipine versus valsartan plus hydrochlorothiazide for control of moderate to severe hypertension: a randomized controlled trial. Pak Heart J 2017; 50 (01): 39-45

### Adnan Y, Noor L, Dar MH, **Ali U**, Ahmad F, Hafizullah M *.*Impact of smoking status on short term clinical outcomes of drug eluting stents in patients with stable coronary artery disease. Pak Heart J 2017; 50 (03): 149-53.

### Noor L, Adnan Y, **Ali U**, Dar MH, Din SU, Ahmad F, Awan ZA, Hafizullah M Characteristics of the coronary arterial lesions in young patients (< 35years) with acute myocardial infarction. Pak Heart J 2017; 50 (04): 224-9

1. Hussain I, Zeb S, Irfan M, Ali U. Spectrum of congenital cyanotic heart disease in khyber pakhtoonkhwa. Pak Heart J 2015;48(4):190–3.
2. Ashraf A, Ashraf S, Faheem M, **Ali U**, Hadi NU, Rauf MA. Gender related differences in clinical presentation of ischemic heart disease patients with concomitant chronic obstructive pulmonary disease. Pak J Chest Med 2018; 24 (2):91-5
3. Iltaf K, Dar MH, Khan I, **Ali U**, Hafizullah M. Frequency of high timi score and its short term clinical outcomes. Pak Heart J 2019; 52 (01):80-4
4. Sadiq M, Khan MA, **Ali U**, Zar A, Shah SA, Ullah S. QT prolongation with the use of oral artemether-lumefantrine combination therapy. Pak Heart J ;2019; 52 (02):172-5
5. Siraj J, **Ali U**, Ahmed T, Ali H. Frequency of In Hospital Mortality in Patients with High Neutrophil/Lymphocyte Ratio Presenting with ST Elevation Myocardial Infarction. Pak Heart J 2020;53(01):00-00.
6. Jamil M, **Ali U**, Siraj J, Din IU, Ahmad T, Abbas M, Jan HU. Frequency of hyponatremia and its short term clinical outcomes after acute ST elevation myocardial infarction. Pak Heart J 2019; 52 (04):307-12
7. Hafizullah M. The journey continues!. Pak Heart J 2019;52(04):277-8.(EDITORIAL)
8. Khan MA, Sadiq M, **Ali U**, Ullah S, Shah SA, Gul HMJ. Frequency of stress hyperglycemia among patients with acute left ventricular failure. Pak HeartJ 2019; 52 (03):250-3
9. Akbar FE, Khan SB, **Ali U**. Short term clinical outcomes in non ST segment elevation myocardial infarction patients with high thrombolysis in myocardial infarction (TIMI) risk score. Pak Heart J 2019; 52 (04):327-3
10. Ahmad T, Ali U, Shah ST, Khan A, Hadi NU. Frequency and Outcomes of Undiagnosed Diabetes Mellitus in Patients Presenting with Acute Myocardial Infarction. Med Forum 2020;31(12):3-7.

**RESEARCH AWAITING PUBLICATIONS**

1. Ashraf A, **Ali U** Ashraf S, Khalid M. Diabetes and coronary artery disease frequency? Where does gender stands.

**Paper Presentations**

* IMMEDIATE OUTCOMES OF PERCUTANEOUS TRANSLUMINAL MITRAL COMMISSUROTOMY IN PATIENTS OF MITRAL STENOSIS at Annual Cardiology Conference 2015
* CARDIAC CATHETERIZATION LAB PROCEDURES A SAFE JOURNEY IN SAFE HANDS at Annual Cardiology Conference 2017

**UN published articles**

* DIABETES AND CORONARY ARTERY DISEASSE FREQUENCY? WHERE DOES GENDER STANDS.

**Research project**

* Presently working on research project relating effect of Ivabradine (drug) on patients with left ventricular systolic dysfunction and its outcomes (BNP levels and 6 min walk test)
* Chest Pain Clinic…… What to find?
* Outcomes of Covid 19 patients presenting with cardiac complications

## **References**

1. Prof Dr. Mohammad Hafizullah

Vice Chancellor Khyber Medical University

Peshawar Pakistan

03018588888

2. Prof Dr Adnan Mehmood Gul

Head of Department Cardiology Unit

Lady Reading Hospital Peshawar Pakistan

03339103382

3. Assist Prof Dr Hikmatullah Jan

Cardiology Unit

Lady Reading Hospital Peshawar.

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4. Prof Amber Ashraf

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