**Dr. Mohsin Saif**

MBBS, MRCP (UK), FCPS (Pak), Fellowship in Cardiology(UK)

Assistant Professor of Medicine & Consultant Cardiologist

Consultant Cardiologist

AFIC

**Curriculum Vitae**

**Personal Details, Areas of Interest.**

**Personal details:**

* **Postal Address Home:**

House 4, Street 40, Sector F-7-1.

Islamabad

Post code: 44000

**Mobile**  00923215845251

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**Areas of interest**: Interventional cardiology

Acute medicine

**Qualifications & Registration:**

**Full GMC (UK) Registration with** GMC No. 7085354

**license to practice.**

**PMDC Registration.** Pakistan Medical & Dental Council Registration No. 29502– P

**Fellowships:** 1. International fellowship in Cardiology( Royal college of Physicians,UK)

2. FCPS (Internal Medicine) 2004

FCPS – Fellow of the College of Physicians & Surgeons Pakistan, is an exit specialty examination held by the College of Physicians and Surgeons Pakistan

**MRCP(UK):** 2008

**Other Postgraduate Qualifications:** Grading (Postgraduate Diploma) Internal

Medicine - 2003

**Basic Medical Qualification:** MBBS – Jan 1996

Army Medical College at Quaid-E-Azam University, Islamabad, Pakistan

**Resuscitation Courses:**   **Advanced Life Support (UK) – 09 April 2014. (Valid till 2018)**

**Training in Medicine:** May 1999 to Oct 2000.

April 2002 to Dec 2003

**Training in Cardiology:** 19 July 2010 to 20 September 2014. (Pak)

23 September 2014 to 30 Sept 2015 (UK)

**Summary of Appointments:**

**Current appointment:**

**Consultant Cardiologist, AFIC, Rawalpindi**

Consultant in Medicine and Cardiology

Combined military hospital,

Malir Cantt. Karachi

Pakistan

**Previous experience at**

**consultant appointments:** Consultant Medical specialist

CMH Attock. Apr 2006 – Jul 2010

Graded Medical Specialist

Oct 2004 – April 2006. 144 Field Hospital, FCNA, Pakistan

**Previous appointments at**

**training grades:** Registrar in Cardiology - University Hospital Birmingham, 13 Sept 2013 to 30 Sept 2014

Observership in Interventional cardiology at Mount Sinai Hospital, USA.

17 Feb 2014 to 28 Feb 2014.

Jul 2010 – August 2013. Armed Forces Institute of Cardiology/ National Institute of Heart Diseases, Rawalpindi, Pakistan.

July 2011 – August 2013 -Chief Resident in Cardiology.

* SpR in General (Internal) Medicine

Apr 2002 – Dec 2003. Military Hospital, Rawalpindi, Pakistan.

* SpR in General (Internal) Medicine

May 1999 – Oct 2000. Military Hospital, Kohat, Pakistan.

* General Duty Medical Officer (Field Hospital Experience)

Jan 2004 – Oct 2004. 141 Field Hospital, Rawalpindi, Pakistan

* General Duty Medical Officer (Field Hospital Experience)

Nov 2000 – Apr 2002. 119 Field Hospital, Quetta, Pakistan

* Regimental Medical Oficer (General Professional Training)

Nov 1997 – Oct 2000. Signal training centre, Kohat, Pakistan.

From here, I was seconded to CMH Kohat from May 1999 – Oct 2000 for my training in General (Internal) Medicine.

* General Duty Medical Officer (General Professional Training)

June 1997 – Nov 1997. Combined Military Hospital, Kharian, Pakistan

* House Officer (Internship)

June 1996 – June 1997. Combined Military Hospital, Kharian, Pakistan

* General Duty Medical Officer (Basic Training) Jan 1996- June 1996

**Clinical Experience:**

Experience in Cardiology at Armed forces institute of Cardiology, Pakistan.

(19 July 2010 to 20 August 2013)

It was a Full-time residency training programme. During my training, I gained vast experience of various cardiovascular procedures including securing of central lines (both through subclavian and internal jugular routes), CVP monitoring, endo-tracheal intubations, radial artery cannulation, pericardiocentesis as well as placement and monitoring of IABPs.

I have passed around 100 temporary pace-makers. Along with this, I have done 2,000 independent coronary angiograms (including graft studies) and 40 independent PCIs. Almost 90 % of my coronary work is through radial access. Among the peripheral angiograms I have done 24, 4 vessel cerebral angiograms, 60 lower limb angios, 20 upper limb angios and 10 renal angiograms.I have assisted 60 PTMC procedures and have performed 8 PTMC procedures independently.

**CARDIOLOGY experience at University hospital Birmingham (UK)**

(23 Sept 2013 to 30 Sept 2014) Was in full-time training as SpR.

3 clinics / week

1 in 8 on calls in cardiology

Did a large number of interventional procedures as a first operator, including almost 130 stenting procedures(PCI), Including Primary PCI, and Right heart biopsies.

**Acute Medicine:**

During 3 years of full-time training in general medicine, I rotated in cardiology, intensive care, pulmonology, and gastroenterology. Following the training, I cleared the exit exam and was appointed consultant physician.

**Acute Medical Take and Intensive**

**care Unit experience:**

* I worked as a registrar at MAU treating medical emergencies in an unselected take. It was a 24-hour responsibility on a 1:3–1:4 rota.
* Registrar of the Intensive Treatment Centre, a 12-bed critical care

facility at the MH.

* I have frequently worked as a medical registrar at MAU, managing acute patients and carried out post-take ward rounds.
* This hospital had a very high turnover of patients which gave me an opportunity to manage a large number of patients with varied diseases.

**Clinical Skills:**

**Ability to offer expert clinical opinion:**

I have been a consultant physician since 2004, and have extensive experience of providing independent consultations. This involved consults to the regional cardiac centre as well, and I have had excellent feedback and references from their intensivists and cardiologists.

**Ability to take independent**

**responsibility for the patients**.

Throughout my training in Cardiology, I have taken independent responsibility to manage patients at the appropriate level. This gave me tremendous confidence and improved my skills in Cardiology. Numerous excellent feedbacks from my colleagues and the patients I have cared for are a testament to this.

**Teaching Experience:**

Teaching to junior doctors at UHB, UK, Sept 2013 to SEPT 2014

Teaching of junior doctors/cardiology lectures to doctors on

the ward of university hospital birmingham, UK Lectures on acute Medicine and Cardiology to nursing

students at AFIC, NIHD, Rawalpindi. July 2010

Teaching ward rounds to 4th and final year MBBS students and Final year BDS students at AFIC, NIHD. Rawalpindi. July 2010 to 20 August 2013.

**Motivation:**

**Ability to work in a team:** I am a great supporter of team work and I believe that good patient care cannot be achieved without it.

**Approach to work:**

I encourage my junior doctors to come up with their own

management plan and to ask questions to clear their concepts.

**Personal Attributes:**

**Leadership skills:** Serving in the Army Medical Corps for about 16 years gave me tremendous opportunities of management and developed my leadership skills.

Further skills and attributes were achieved when I was given responsibility of managing the medical and Cardiology ward, where I was responsible for procurement of equipment and supplies in collaboration with the management. I participated in meetings with the speciality and general managers whenever possible.

**Language Skills:** My IELTS Score is 7.5

**Communication**

**Skills Course: (2004)** Communication Skills. Awarded by WHO Collaborating Centre for

Research & Training in Educational Development of Health Personnel .

**Information technology skills** Well versed with all common Windows & Mac applications.

Familiar with Literature Search techniques.

Learnt to use PICS and PACS in UHB- UK.

**Audit:**

Audit in UHB (UK). Use of Eplerenone after STEMI with LVSD- June 2014. Presented in Grand round in UHB, UK

**Publications:**

* Under Peer review(To be Published in **BRITISH MEDICAL JOURNAL**): Radial artery Pseudo aneurysm.

* Nadir khan, Hamid sharif, **Mohsin Saif**. Fractional flow reserve: An experience of 100 patients at AFIC. 2013.
* Nadir khan, Hamid sharif, **Mohsin Saif** Simultaneous kissing stenting in a patient with aortoiliac occlusive disease. Pak heart journal. 2012
* **Mohsin Saif**, Hamid sharif, Nadir khan. Experience of Primary PCI in acute Myocardial infarction at AFIC/NIHD, Rawalpindi. 2012. (AFPGMI)
* Imran Saif, Abdul Halim, Ashfaq Altaf, **Mohsin Saif**, Umair Siddiqui, Muhammad Khalid Rahman, Nadeem Azam. Severe post-dialysis hypokalemia leading to quadriparesis. J Pak Med Assoc. 2008;58(1):41-43
* Imran Saif, Abdul Halim, Ashfaq Altaf, **Mohsin Saif**, Comparison of calcium acetate with calcium carbonate as phosphate binder in patients on maintenance hemodialysis. J Ayub Med Coll Abbottabad. 2007;19(4). (In Press)
* Wasif Anwar, Muhammad Sarwar, Agha Babar Hussain, Waheeduz Zaman Tariq, **Mohsin Saif**. Significance of occult HBV Infection in patients with chronic hepatitis C. J Coll Physicians Surg Pak, Mar 2006:16(3): 192-5.
* Farrukh Saeed, Raheel Iftikhar, **Mohsin Saif**. A case of chronic liver disease, HEV induced or cryptogenic? ; J Ayub Med Coll Abottabad , Jun 2006:18(2): 82-3.

* **Mohsin Saif**, Imran Saif, Muhammad Naeem khan, Jehanzeb, Wasif Anwar. Stress hyperglycemia and mortality in patients with acute ischemic stroke. PAFMJ. 2006;56(2):120-4.

**CERTIFICATES:**

* Complex bifurcation PCI – PCR seminar. 3-4 July 2014, Manchester, UK
* Impella device day. Hands on workshop. West midlands. UK. 2014.
* GUCH Training day. NHS. West midlands. 2014
* Practical electrophysiology and pacing .NHS. West midlands. UK. 12-12-2013.
* Communication Skills. Awarded by WHO Collaborating Centre for research & training in educational development of health personnel. Jan, 2004.
* 23rd Intensive course in internal medicine; Dec 2003, Shaikh Zayed Hospital and Federal Postgraduate Medical Institute, Lahore.
* Armed forces trauma life support course. August 2002, Combined military hospital, Rawalpindi.
* Training in Basic life support (BLS) / Advanced cardiac life support (ACLS). Awarded by Armed forces institute of Cardiology / National institute of heart diseases. Rawalpindi. July 2002.
* Introduction to Computer & Internet. Awarded by WHO Collaborating Centre for research & training in educational development of health personnel. June 2002.

* Research Methodology, Biostatistics and Dissertation Writing; Awarded by WHO Collaborating Centre for research & training in educational development of health personnel. July 2000.

**MAJOR PRESENTATIONS AND LECTURES:**

* Evaluation of PFO before neurosurgery, presented at conference hall at Queen Elizabeth hospital, UK, 2014
* Chest pain in a patient awaiting a major non-Cardiac surgery, presented at conference hall at Queen Elizabeth hospital, UK, 2014
* Complicated PPCI of proximal LAD- Presented at EUROPCR - 22 May 2014 PARIS, FRANCE.
* Successful multi-vessel PCI in a nonagenarian in cardiogenic shock complicated by cardiac arrest- Presented at EUROPCR-22 May 2014 PARIS, FRANCE.
* Approach to a patient with chest pain before a major non cardiac surgery at QEHB, UK, Feb 2014
* Evaluation of PFO before neurosurgery at Conferences at QEHB, UK, Feb 2014
* 8th International conference on cardiac electrophysiology.AFIC, Rawalpindi. February 19-20, 2011. I presented “Diagnostic evaluation for suspected brugada ECG”.
* 20th Biennial International cardiology conference, PC, Peshawar. 23 – 25 Dec, 2011. I presented “Value of Primary PCI in STEMI.”
* Lectures on Basic cardiac life support (BCLS) and Advanced cardiac life support(ACLS). Attock chapter, 2007
* High altitude pulmonary oedema(HAPE) , and High altitude cerebral oedema(HACE), 144 Field hospital, 2004.
* A young soldier with cerebral malaria, Grand Rounds to the Divisions of Medicine & Surgery at the Armed Forces Postgraduate Medical Institute as part of training for Diploma in Medicine,2003.
* Value of ERCP in obstructive jaundice; National Gastroenterology conference, Rawalpindi Chapter, 2003

**WORKSHOP ON ACLS**.

I conducted an ACLS workshop in CMH Malir in July 2015.

**MAJOR WORKSHOPS/ CONFERENCES ATTENDED**

* ‘ Role of conventional radiology in poly trauma’ in CMH Malir on 10 july 2015
* ‘ Feed Back mechanism’ in CMH Malir on 29 May 2015
* ‘ Oral squamous cell carcinoma’ in CMH Malir on 3 April 2015
* ‘ Common psychiatric disorders’ in CMH Malir on 19 Feb 2015
* Practical IVUS&OCT on 13 May, 2014,at Wythenshawe Hospital Manchester,UK
* 8TH Biennial International Conference, Workshop on Trans Oesophageal Echo.

Conducted at AFIC, NIHD, Rawalpindi. May 2012.

* Advanced Trauma life support; March 24-29, 2008, Combined Military Hospital,Attock.
* 18th Biennial International congress of Cardiology, Dec 7–9 2007.Rawalpindi,Pakistan
* Essential Trauma care; April, 2007, POF Hospital,Wah Cant.
* Medical Problems at High Altitude, Northern Area,Pakistan, 2006
* Leishminiasis, August 2003, Military hospital Rawalpindi,Pakistan
* Multidrug resistant Tuberculosis, Nov,2002, Military hospital Rawalpindi,Pakistan

**MORBIDITY & MORTALITY MEETINGS**

* Presented at Grand round in University hospital Birmingham. June 2014
* Presented at Grand round in University hospital Birmingham. March 2014

* In CMH Malir, Mortality/ Morbidity meetings are being conducted fortnightly since Jan 2015.

**Understanding NHS Environment:**

I have been visiting UK since 2006 when I first came here and did my MRCP(UK). I did observership for a month then.

I worked in UK for more than a year in 2013/2014. It was an invaluable experience and gave me a lot of confidence to manage all sorts of patients , both in clinincs, in emergencies and in cath lab.