**CIRRICULUM VITAE**

**Dr Abubakar Hilal**

*MBBS FCPS (CARDIOLOGY)*

*PMDC ;* ***12271-N***

*FELLOWSHIP* ***; CRD-17-19852***

*SENIOR REGISTRAR ,CARDIOLOGY UNIT*

*SHAIKH ZAYED HOSPITAL, LAHORE, PAKISTAN*

CIRRICULUM VITAE

Name: Dr Abubakar Hilal

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| **PERSONAL DETAILS** |

Gender: Male

Date of Birth: 01/01/1980.

Nationality: PAKISTANI

Present Address**:** Room No: 202 Doctor Hostel Shaikh Zayed

Hospital, Lahore, Punjab, Pakistan

Mobile/cell phone**:** +92 (0)3214054488

E-mail: [abubakar\_hilal@yahoo.com](mailto:abubakar_hilal@yahoo.com)

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| **QUALIFICATIONS** |

2007 – 2012 **Fellow of College of Physcian and Surgeon**

(FCPS )

CPSP, Karachi, Pakistan

https://www.cpsp.edu.pk/

2000 – 2004 **Bachelor of Medicine and Bachelor of Surgery (MBBS)**

***(GOLD MEDALIST)***

Saidu Medical College, Saidusharif

Swat, KPK , Pakistan.

http://www.smcswat[.edu.pk/](http://www.google.com/url?q=http%3A%2F%2Fwww.gandhara.edu.pk%2F&sa=D&sntz=1&usg=AFQjCNEh4V_Kd0GPlnWyhDpsR05dRi4tGA)

*Program language: English*.

1997 – 1998  **Higher Secondary School**

(F.Sc/A-Levels)

Pre - Medical,

Excelsior College Swat.

www.ecs[.edu.pk](http://www.google.com/url?q=http%3A%2F%2Fwww.edwardes.edu.pk%2F&sa=D&sntz=1&usg=AFQjCNHGVdW59Yw1Z4HcJdMeMpq8RR0nFQ)/

2009 & 2012 MRCP 1 & 2

RCP London

### https://www.rcplondon.ac.uk/

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| **CAREER OBJECTIVES** |

I have a special interest in Interventional Cardiology which is one of the main clinical specialty and pillar of Cardiology. I believe in building strong team environment and fostering open communications. I wish to follow a career in teaching & research in Cardiology and work in an Institute to help in developing essential clinical skills required for future under graduate & post graduate Cardiology students. I am capable in my critical appraisal skills when evaluating information in the Cardiology literature. I believe in high quality cardaic care, continuous and systematic update of myself in cardiology techniques and materials. My career development passes through different courses in university settings and working with experienced clinicians.

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| **CLINICAL EXPERIENCE** |

Ocotober 2017– till date. **Senior Registrar, Registrar Cath Lab,**

**Cardiology unit Department.**

Shaikh Medical Complex, Lahore

<http://www.szmc.edu.pk/>

Lahore, Punjab, Pakistan.

Dec 2012 ­̶ Sep 2017 **Medical Officer, Registrar Cath Lab,**

**Cardiology unit Department.**

Shaikh Medical Complex, Lahore

<http://www.szmc.edu.pk/>

Lahore, Punjab, Pakistan.

May 2007 – Dec 2012. **Fellow Medicine/Allied (2007-2009)**

**Fellow Cardiology (2009-2012)**

**Cardiology Department.**

Shaikh Medical Complex, Lahore

<http://www.szmc.edu.pk/>

Lahore, Punjab, Pakistan

Mar 2005 – Mar 2006. **House Officer Medicine/Allied and General Surgery**

Lady Reading Hospital,

Peshawar, Pakistan.

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| **PROFESSIONAL AFFILIATION** |

* American College of Cardiology (ACC)

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| **RESEARCH WORK** |

* CERTIFICATE OF POSTER PRESENTATION IN CARDIOCON, FAISALBAD CHAPTER, 25TH TO 27TH NOVEMBER, 2016 ON FREQUENCY OF LEFT VENTRICULAR DIASTOLIC DYSFUNCTION IN PATIENTS WITH END STAGE RENAL DISEASE ON MAINTENANCE HAEMODIALYSIS MORE THAN SIX MONTHS

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| **PUBLICATIONS** |

* FREQUENCY OF LEFT VENTRICULAR DIASTOLIC DYSFUNCTION IN PATIENTS WITH END STAGE RENAL DISEASE ON MAINTENANCE HAEMODIALYSIS

<http://www.jcvdpic.org/PDF/12Issue3/dystolic.pdf>

* FREQUENCY OF LEFT VENTRICULAR SYSTOLIC DYSFUNCTION IN PATIENTS WITH END STAGE RENAL DISEASE ON MAINTENANCE HEMODIALYSIS

<http://www.jcvdpic.org/PDF/12Issue3/systolic.pdf>

* FREQUENCY OF LEFT VENTRICULAR HYPERTROPHY (LVH) in PATIENTS ON REGULAR MAINATEINANCE HEMODIALYSIS AND ITS RISK FACTORS
* FREQUENCY OF LVF IN FIRST ST ELEVATION MYOCARDIAL INFARCTION (STEMI) AND COMPARISON OF MEAN LEFT ATRIAL VOLUME IN PATIENTS WITH AND WITHOUT LEFT VENTRICULAR FAILURE (LVF) IN FIRST STEMI
* FREQUENCY OF PATIENTS WITH TIMI RISK SCORE (< 4 & >4 ) AND THREE VESSEL CORONARY ARTERY DISEASE IN THESE GROUPS IN PATIENTS WITH NON ST ELEVATION ACUTE CORONARY SYNDROME
* FREQUENCY OF CLOT IN LEFT ATRIUM ( LA ) IN PATIENTS OF SEVERE MITRAL STENOSIS ( MS ) WITH ATRIAL FIBRILLATION
* BIOCHEMICAL AND GENETIC ROLE OF GLUTATHIONE S-TRANSFERASE ENZYME IN THE PATHOGENSIS OF CVS DISEAE in Cardiology unit in Shaikh Zayed Hospital, Lahore (IN PROGRESS)
* FREQUENCY OF RV DYSFUNCTION AND PULMONARY HYPERTENSION IN ESRD PATIENTS ON MAINATAINANCE HEMODIALYSIS in Cardiology unit in Shaikh Zayed Hospital, Lahore (IN PROGRESS)
* FREQUENCY OF METABOLIC SYNDROME IN PATIENTS PRESENTING WITH ACS AT Shaikh Zayed Hospital, Lahore (IN PROGRESS)

* I also attended and participated at journal clubs/critically appraisal of papers held at Shiaikh Zayed Hospital hospital

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| **CONFRENCES / COURSES / SCIENTIFIC MEETINGS.** |

* Attended the ACLS and BCLS course held in December 3rd 2005 at Cardiology Unit, Lady Reading Hospital Peshawar
* Attended the Interactive ECG Workshop held in Febuary 4th  2006 at Cardiology Unit, Lady Reading Hospital Peshawar
* Attended the 27th Clinical Course in Internal Medicine held in November 12-17, 2007 at Shaikh Zayed Hospital PGMI, Lahore
* Attended the 28th Clinical Course in Internal Medicine held in 0ctober 27-November 1, 2008 at Shaikh Zayed Hospital PGMI, Lahore
* Certification in Communication Skills held in August 25-27, 2008 at CPSP, regional centre Lahore
* Certification in Research Methodology, Biostatistics and Dessertation writing held in October 20-24, 2008 at CPSP, regional centre Lahore
* Certification in Introduction to Computer and Internet held in November 24-28, 2008 at CPSP, regional centre Lahore
* Attended the ATLS student course held in July 23-25, 2010 at CPSP, regional centre Lahore with ATLS ID “433769”
* Attended the PIC Heart Talk 2013 and EP Conference held in October 24-26, 2013 at Awari Hotel Lahore
* Attended the CPR Course held in June 9-11 2014 at Cardiology unit, Shaikh Zayed Hospital PGMI, Lahore
* Attended the PIC Heart Talk 2015 and Pakistan Cardiac Society 45th Annual Conference held in November 19-21, 2015 at PC Hotel Lahore
* Attended the 16th Annual Cardiology Update held in June 12-14, 2015 organised by Armed Forces Institute of Cardiology and National Institute of Heart Diseases at PC Hotel Bhurban
* Attended the worshop on clinical management of DENGUE FEVER held in Febuary 2nd , 2015 at Shaikh Zayed Hospital PGMI, Lahore
* Participated in Cardiology Excellence Review Course ( University Health Sciences) held in April 25-26, 2015 held at Shaikh Zayed Hospital PGMI, Lahore in collaboration with Tabba Heart Institue, Karachi
* Attended the workshop on Interventional Cardiology “PAKISTAN LIVE 2016“ held in March 24-26, 2016 at Cardiology unit, Shaikh Zayed Hospital PGMI, Lahore in collaboration with Pakistan Society of Interventional Cardiology
* Attended the 8th ECS conference in collaboration with the ACC Middle East Conference held in Dubai, UAE from 19th to 21 th Otober, 2017
* Attended the 10th BIENNIAL INTERNATIONAL CONFERENCE of the Pakistan society of cardiovascular and thoracic surgeons held PC hotel Lahore in 2017

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| **COMPUTER & OTHER SKILLS** |

* Competent in the use of standard Microsoft packages: Words, Excel, and PowerPoint. I frequently use a wide range of applications in completing data analysis and preparing presentations.
* Proficient in the use of Pub-med and Medline databases.

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| **COMMUNITY SERVICE & HOBBIES** |

* Member of Blood Donation Society, Shaikh Zayed Hospital, Lahore, Pakistan.
* I enjoy playing Cricket and have achieved many Awards & Certificates.
* I also enjoy playing in-door games such as Table tennis, Badminton.
* I have a keen interest in travelling and exploring new places.

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| **REFRENCES** |

* Professor **Dr AMBER MALIK**

MBBS MRCP (UK)

Head of Cardiology Unit and Director Cath Lab

Shiaikh Zayed Hospital hospital

Mobile No# 0300-4104927

Email address: [dramber\_malik@hotmail.com](mailto:dramber_malik@hotmail.com)

Postal address: 11A Danepur Road GOR 1, Lahore 54000

* Associate Professor **Dr Abdul Saboor**

MBBS FCPS (Interventional Cardiology )

Associate professor Cardiology Unit

Shaikh Zayed Hospital hospital

Mobile No# 0300-4127598

Email address: [drsaboor04@hotmail.com](mailto:drsaboor04@hotmail.com)

Postal address: Consultants and Professors Flats, Flat number A-1 Shaikh Zayed Hospital PGMI, Lahore

* Professor **Saulat Siddique**

MBBS FRCP

Professor Cardiology Unit

Shaikh Zayed Hospital hospital

Mobile No# 03004493073

Email address: [drsaulat@hotmail.com](mailto:drsaboor04@hotmail.com)

Postal address**: 75/12 Sarfaraz Rafiqui Road Lahore Cantt**